

Friday 17 March 2023

It has been another packed week at Kingswode Hoe as you will see from the many highlights shared.

Primary groups enjoyed a hands and hats-on visit to Pizza Express where they were taught how to stretch dough and made their own margherita pizzas!

We rounded off the week wearing red for Comic Relief. The fun run and outdoor activities to raise money had to be postponed due to the rain but we will reschedule this for next

Friday 24 March. Pupils will have the opportunity to take part in a fun run organised by the school council on the field (please bring a change of footwear) with activity stations set up when the weather will hopefully be better!

Spinney class presented its assembly to the whole school to remind everyone the importance of taking care of our own mental health and the things they like to do to relax and unwind. Pupils have been sharing their jokes all week!

Looking forward to another action packed week ahead and wishing everyone a restful, and happy, weekend in the meantime.

Mrs Constantine, Headteacher



MARCH

Newsletter

Parent and Carer
Communication
Spring Term 2023

Word of the week:

COMIC RELIEF 2023

Friday 17 March

**Pupils were red
for a suggested donation of £1.**

It's not too late, please click the link below if you wish to make an on-line donation. Our fun run and outdoor activities had to be postponed due to wet weather.

COMIC RELIEF

[Just Giving Cashless donation link](#)

Comic Relief
Laughter for Wellbeing

Why was 6 scared of 7?

Because 7 8 9



FUNNY

Index finger and thumb form upturned 'C' shape below chin - makes small side to side movements,

Meaning: Causing laughter or amusement.

Related words:

eccentric, hilarious,
incredible, witty

Kingswode Hoe School
What we plant today, we grow tomorrow



"The funny thing is"
said the mole...



"the finest act of
kindness can save
a life."

Q: What kind of dance was the frog prince best at?

A: Hip hop.

Q: Why is Santa good at karate?

A: He has a black belt.

Q: What did the snowflake say to the road?

A: Let's stick together.

Q: Why did the chicken join a band?

A: So he could use his drumsticks.

Q: What's a math teacher's favorite winter sport?

A: Figure skating.

Q: What's a firefly's favorite dance?

A: The glitterbug.

Q: Why are eyeshadow, lipstick, and mascara never mad at each other?

A: Because they always make-up



Spinney class presented their assembly all about wellbeing linked to Comic Relief.

The pupils shared their ideas about the positive things they do to take care of their own wellbeing and what they enjoy doing outside of school.

How Can We Support Our Mental Wellbeing?

To support our mental health and wellbeing:

we can enjoy time with family and friends.

we can spend time being calm.

we can spend time outside.

we can learn new things.

we can be creative.

we can be kind.

we can do things we enjoy.



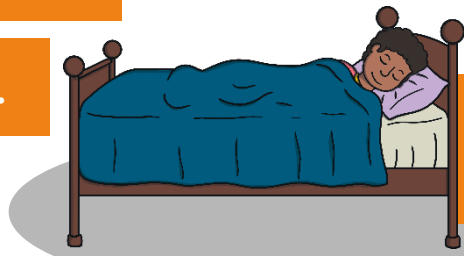
we can be active.



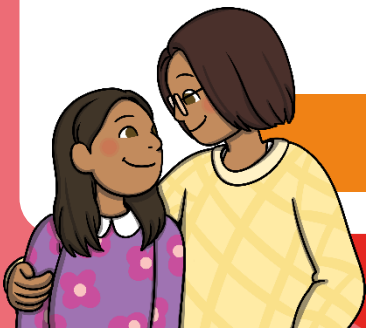
we can eat and drink a healthy balanced diet.



we can make sure we get enough sleep.

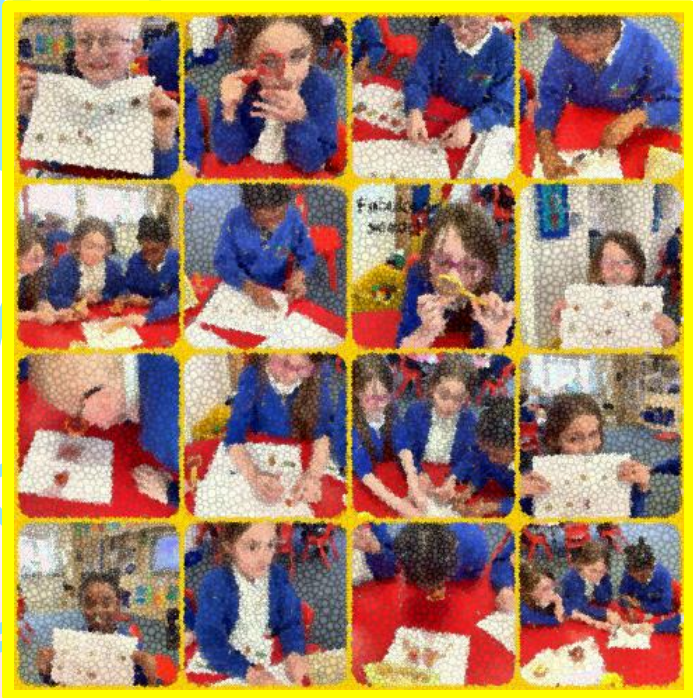


we can talk to people we trust.



we can have fun!





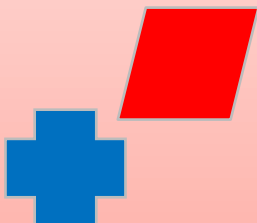
In their science lesson, Acorn enjoyed looking at different kinds of seeds and what they need to grow.

Primary Power

Acorn class learnt about the festival of Holi, a Hindu festival also called the festival of colours, which celebrates the end of winter and the beginning of spring.



Primary working together in PE



Primary worked together to make shapes with their bodies in PE.



Happy Holi





Primary visit Pizza Express



Acorn and Oak class had a fantastic morning at Pizza Express this week. They learnt how to stretch pizza dough and make their own margherita pizzas. The pupils had the opportunity to ask the restaurant manager lots of questions. They behaved superbly and had a great time.



Food and Cooking



Star Baker - Emily in Acorn, she always listens really well and has been using her words more and more to help others follow instructions

Year 10 Work Related Learning made two batches of Red Nose Day biscuits ready to be decorated by pupils on Friday for Comic Relief 2023.

**RED
NOSE
DAY**

Do Something
Funny for Money



It was lovely to see so many new faces in the café and the atmosphere was buzzing!



Acorn decorated their own biscuits for Red Nose Day.

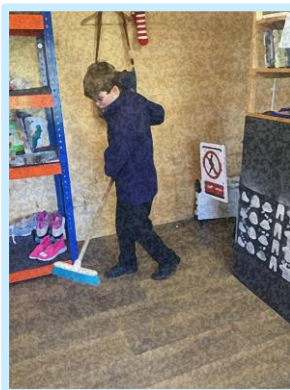
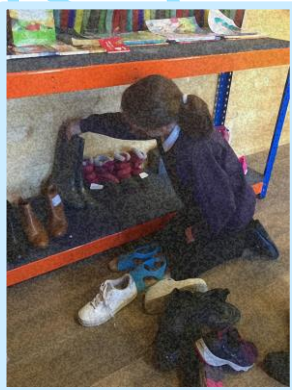
Food and Cooking

Year 11 Life Skills Group each made a chocolate cake to share at home to celebrate Mother's Day. They used maths skills to weigh ingredients, literacy to follow the recipe and worked as a team to plan their day.



Year 10 made a Greek Meze type meal. They made halloumi and vegetable skewers, cooked under the grill. They made garlic flatbreads, cooked on a griddle. They made tzatziki dip and had to grate the cucumber. George said it reminded him of eating outdoors and Tye was reminded of Greece.





Employability



Barnardo's



Some of our Year 10 and 11 pupils took a trip to Barnardo's to source stock for the KHS Shop. They had a budget of £20 and had to choose items that were within their budget and would also sell.

Year 8 pupils have also helped to restock the shelves with the new items and thought about how best to display the new products as part of their Work Related Learning curriculum..



KHS Shop- Developing Life Skills

Kingswode Hoe School

What we plant today, we grow tomorrow



Outdoor learning



Acorn had a great time playing 'hot potato', sequencing and other games during their outdoor learning session.



Birch class enjoyed a scavenger hunt, creative art with natural materials and parachute games.

They have also been filling up the new school bird feeders for the birds to enjoy.



During the wet weather on Friday, Oak had an indoor lesson where they played parachute games and pick up sticks.





Sound mat



RWI+Sound+Mat+Set+1
+2+3+ (studylib.net)

Well done to some of the stars
awarded with Reading Eggs
certificates in sharing assembly
this week!

Reading is the **KEY** to learning

Learning to Read-
Letters and Sounds

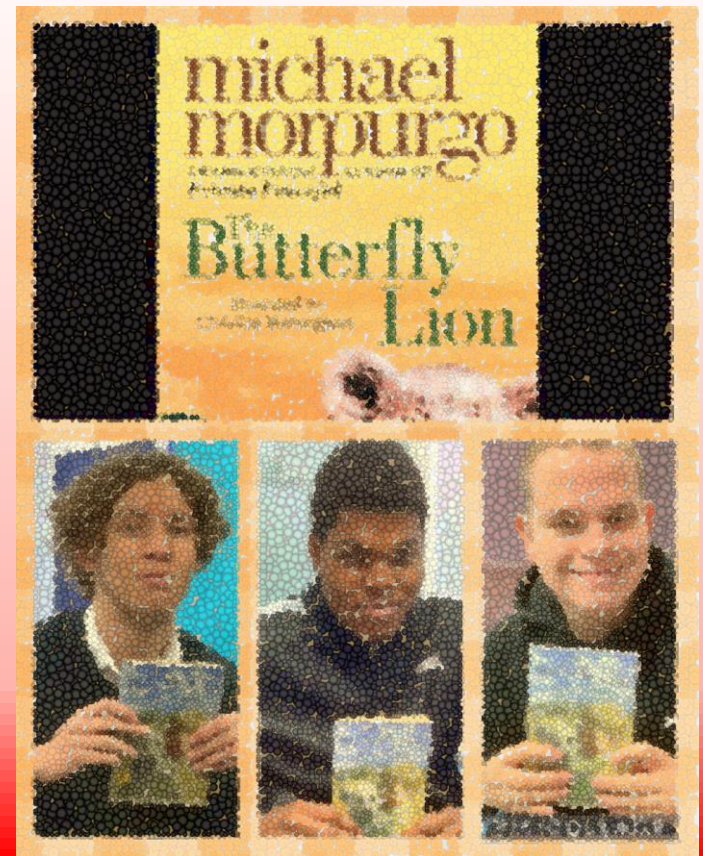
Reading for Pleasure

Year 11 pupils have
been working hard
with their reading and
have managed to
finish reading their
group book called
The Butterfly Lion by
Michael Morpurgo.

Big proud smiles of
their achievement
because they can find
reading a bit tricky..

Reading
eggs

<https://readingeggs.co.uk/>



Evidence for Learning



<https://web.evidenceforlearning.net/efl/>



EVIDENCE
FOR LEARNING



From home



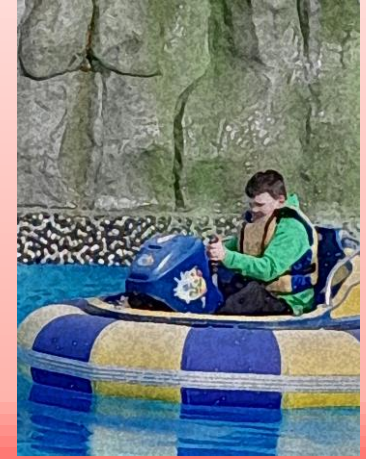
Jasmine enjoyed a visit to Abberton reservoir.



Teddy cycled 7 miles on Sunday, up lots of hills. Well done, Teddy!



Esme baked herself a tropical themed birthday cake. She used her knowledge of colour mixing to make brown icing for the trees and used sprinkles for the sand.



Mason had a great time at Clacton Pier!

KINGSWODE HOE

LUNCH MENU Week 2

Key to allergens

Milk	M
Fish	F
Soya	So
Gluten	G
Sulphites	S
Celery	C
Egg	E
Mustard	Mu

Monday
Pizza Day G M
Coleslaw M E
Salad
Sweetcorn
.....
Fruit Oaty Slice

Tuesday
Chilli Con Carne
Jacket Potato & Cheese M
Broccoli
Carrots
.....
Eve's Pudding & Custard G E M

Wednesday
Chicken Curry M
Cheese Whirl M
Green Beans
Rice
.....
Cookies G E M

Thursday
Sausages G S
Vegetable Gratin G M
Peas & Carrots
Roast Potatoes
.....
Yogurt M

Friday
Bubble Fish F
Vegetable Dippers G
Baked Beans
Mixed Vegetables
Salad
.....
Vanilla Crunch G E M

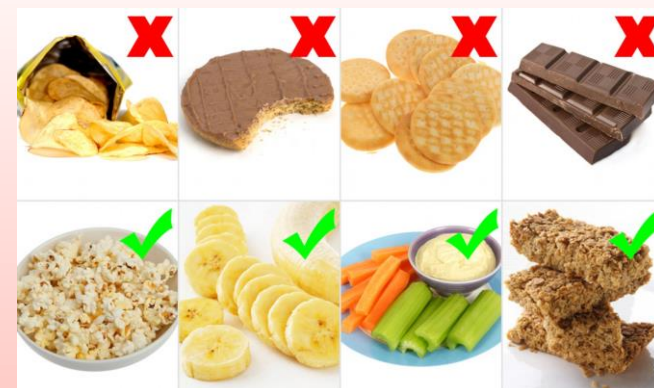
Spring

Fruit & Yogurt available

daily

Baguettes available

Monday, Tuesday & Wednesday



← swap this
for that →

Simple swaps!



Kingswode Hoe School
What we plant today,
we grow tomorrow



DIARY DATES



Easter break: Monday 3 April - Friday 14 April
Pupils return to school Monday 17 April

Vaccinations

HPV 1 Year 8 - 12 May

HPV 2 Year 9 - 12 May

N.B. Year 8 & 9 will be vaccinated on the same day.

Further vaccination dates to be confirmed by NHS

Final day for Year 11*: Friday 30 June 2023

***Further information to follow**

RESIDENTIAL TRIPS

Year 8 3-5 May 2023

Year 9 & 10 11-14 July 2023

Coming up...

Themes this half term:

Week beginning	Theme- linked to six outcomes/world events
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	World Thinking Day
	Accreditation:
	Reading/World Book Day
	Community & Wider
	World: Wales- St David's
	Day & Lent Lily
	Health, Lifestyle &
	Wellbeing: Comic Relief
20/3/23	Resilience &
	Independence:
	Weather Day
27/3/23	Identity & Self-
	Expression: End of term
	& Arts Sharing

Some information and links about local activities that may be useful...

Out of school/holiday activities



Meet the T-Rex



crgs.co.uk



Smoothie Bikes



Wild Beasts VR



Colchester Royal Grammar School

Sci-Fest 2023

Saturday 18th March
10am-4pm

6 Lexden Road CO3 3ND

Free entry



Forensics



Mini Beasts



Planetarium



Families welcome, fun interactive activities

Premium activities will incur a small charge

<https://shortbreaks.essex.gov.uk/>

<https://www.mercurytheatre.co.uk/event/send-holiday-club/>

<https://all4kidsuk.com/holiday-clubs-and-courses-childrens/essex/colchester>

<https://colchesterleisureworld.co.uk/colchester/kids/holidayfunkids/>

<http://www.interact.org.uk/children-young-people/short-breaks/>

<https://www.activeessex.org/children-young-people/essex-activate/>

**Sci-Fest returns to CRGS
on Saturday 18th March,
10am - 4pm - Free Entry
- Latest News -
Colchester Royal
Grammar School**

How can we help you?

Essex ActivAte is the name for the Holiday Activity and Food programme across Essex, run by Active Essex, Essex County Council and Thurrock Council, on behalf of the Department for Education.

Who is the programme for?

These clubs are suitable for children aged 4-16 years old who are eligible for benefits based free school meals and from low income working families who benefit from this extra support. Some clubs may offer paid spaces that run alongside Essex ActivAte.

What do the clubs offer?

Essex ActivAte clubs offer mainstream primary and secondary clubs across the county, also supported Mental Wellbeing Hubs and dedicated SEND Hubs. Each club delivers a variety of physical and enrichment activities, fun food education and a nutritious meal. Family support is also available alongside the programme.

How can I book my child onto a club?

To book onto a club, head over to our booking page on our website. From there, select the area you live in or the category you require and follow the steps.

What is considered 'low income'?

We understand that all families circumstances can be different, therefore if you are in employment or on an income which means you are unable to attend a holiday club without our support - you can book on.



Half-Term & Holidays explained...

Easter, Summer & Winter School Holidays

- The programme runs in the Easter, Summer and Winter holidays and is funded by The Department for Education. This is aimed solely at school children who would usually receive benefits based free school meals during term time.
- Limited spaces are available for low income working families and other vulnerable groups who would otherwise not be able to afford holiday clubs. You can book onto our programme self-certifying.
- eVoucher codes are sent by schools to all families eligible for benefits based free school meals. This code allows you to book onto your local clubs and verify you are eligible for our programme.

Spring & Autumn Half Term

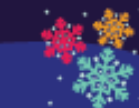
- Essex County Council agreed that during the half term, funding could be allocated to run the programme for both those eligible for benefits based free school meals and 'low income' working families.
- Essex County Council fund the programme with additional funding from Basildon Borough Council to further support across Basildon.



- The half term programme is funded to provide spaces to those areas most in need.

- We will not require an eVoucher code to book onto our clubs during half terms.

Scan the QR code to find out more!



InterAct

Helping others to help themselves

COLCHESTER CLUB

Every Tuesday
from 6:30-8:30pm
at Stanway Youth Centre,
Winstree Road



This club is for young people aged 15-18 years old with special educational needs/disabilities. Every Tuesday our young people enjoy a mixture of centre based activities, workshops and trips out into the community, placing an emphasis on their transition into their adult lives.

To find out more about InterAct and
how to register please visit:

www.interact.org.uk

Email:

youngpeopleteam@interact.org.uk

or call:

01245 608206

InterAct

COLCHESTER CLUB

EVERY MONDAY
FROM 6:30-8:30PM
AT COPFORD VILLAGE HALL,
COLCHESTER, CO6 1BX

FOR 8-14 YEAR OLDS WITH SPECIAL
EDUCATIONAL NEEDS & DISABILITIES (SEND)

These monthly clubs will allow young people with SEND from the ages of 8-14 to get together, hang out and have some fun. The club will be centre-based and will offer a variety of activities each week, from games to crafts to cooking, and lots more!

To find out more about InterAct and
how to register please visit:

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