

Friday 23 September 2022

Word of the week:  
**MONARCHY**

MEANING:

a nation ruled by or in the name of a monarch, such as a king or queen..

SYNONYMS/RELATED WORDS:

government, royalty, crown



September

Newsletter

Parent and Carer  
Communication  
Autumn Term 2022

**DON'T MISS:**  
Parent & Carer Open Evening:  
Monday 26 September!

[Forms attendance return for Open Evening](#)

As the week began with the bank holiday and funeral of Queen Elizabeth II we have continued learning about her life and reign, as well as finding out more about our new King Charles III, both important figures in the identity of the recent history of our country and across the world. Thetford class presented a very well prepared, rehearsed and informative assembly with pupils reading confidently aloud to their Upper School peers.

It has been really pleasing to see the focus of pupils in tutorial time and lessons this week. I hope you enjoy a few highlights from sessions across the school, in and out of class.

Year 10 pupils have been practising hosting younger pupils in our 'Café Hero' in preparation for inviting parents and carers in for a MacMillan Coffee afternoon. Look out for more information about this next week. We will be holding a special Harvest assembly next Friday 30 September and hope to film pupils performing to share during our café session. Please send in dry goods such as tinned items, sealed tea, coffee and sugar that we can donate to some of the charitable organisations in Colchester that help the homeless.

Finally, we would be delighted to welcome as many parents and carers as possible to our Open evening on Monday 26 September. Please see separate letter sent out and click to reply. We look forward to seeing you!

Mrs A Constantine



**QUEEN**

Open hand with clawed fingers taps top of head (crown).



**KING**

Open hand with clawed fingers taps top of head (crown).

What we plant today, we grow tomorrow  
Kingswood Hoe School



# Important people:

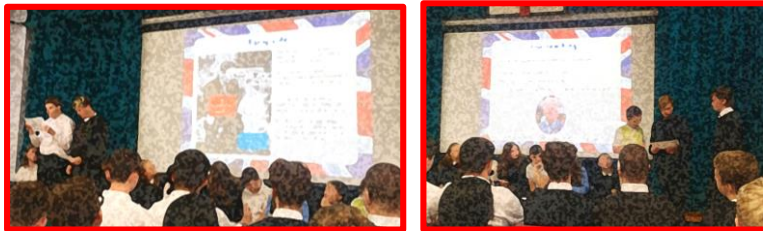


Queen Elizabeth II

An extra-ordinary bank holiday for an extra-ordinary monarch



Many pupils watched the funeral and processions as the final farewell to Queen Elizabeth II. Thetford class focused on the life of the new monarch, King Charles III in their assembly.



Assembly theme: MONARCHY



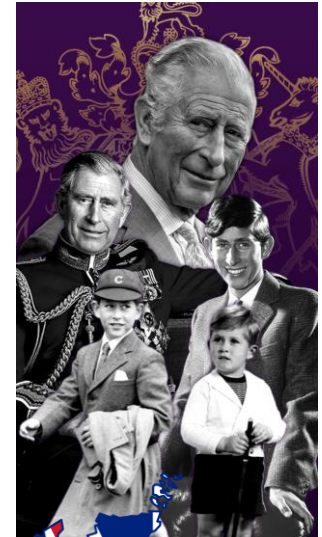
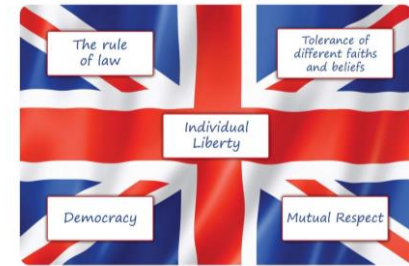
The Queen's successor

King Charles III is now the royal monarch of Great Britain. He visited the four countries that make up the United Kingdom during the ten day period of national mourning.

He followed the Queen during the funeral procession through London.

King Charles III

## BRITISH VALUES





# HIGHLIGHTS This week...



These are some of the beautiful pictures that Birch class did in art this week. They have been learning about Kandinsky. They copied some of the pictures that Kandinsky drew, and the results were amazing. Well done Birch Class!



Alec has been a fabulous help with putting files into the right place on the computer and helping his peers when they need a bit of extra help. He has shown great teamwork, independence and organisation and always completes his work. Outstanding work and leadership skills from Alec in computing.



Primary pupils had a great time in PE, learning to use the gym equipment. They listened to instructions and were brilliant at taking turns.



Year 11 GCSE pupils have been making good progress on their individual projects. This week they have experimented with different techniques and mediums to achieve the results they are looking for.





# Looking at learning

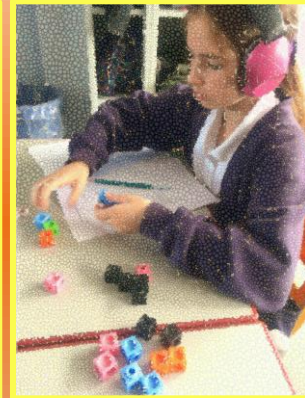
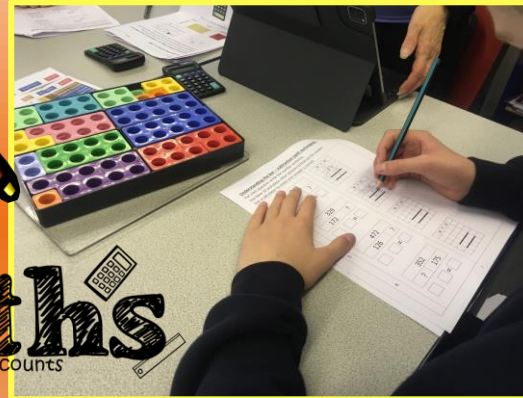


Acorn pupils showed excellent focus and were keen to share during their starter activity looking through the lens to find Wally!

It has been great to see some active maths sessions with pupils working in carousel groups engaged in hands on opportunities to apply their understanding of number in classes across the school



Reading activities in tutorial time from primary up to Year 11 have engaged pupils developing their individual and group reading skills



**Maths**  
A lesson that counts

Year 10 pupil engagement and enjoyment was clear during their session making and tasting tomato pasta sauce



Reading at KHS- a skill for life





# Outdoor and Active Learning



Over the coming weeks, our focus in PE will be hockey.

Year 11 pupils practised a variety of ways to pass and shoot.



Keeping safe in PE is always our top priority. We would like to remind parents and carers that the correct PE kit, suitable trainers, no jewellery, no false nails and tying long hair up are essential for keeping us all safe.



Last week, our year 11 DofE walking group visited Alton Water. They were tasked with finding and identifying a variety of wildlife and enjoyed perfecting their stone skimming skills too.





# Forest School



Acorn class enjoyed their time in the forest together and worked well as a team- Well done!



Maple class having fun and helping set up Forest School in the spinney



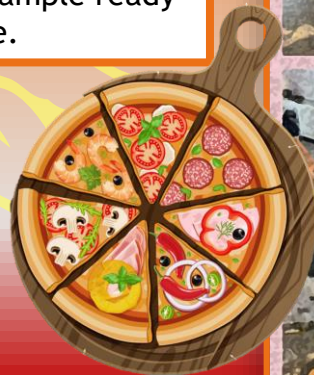


# FOOD & COOKING

Year 7 pupils cooked pasta to serve with their pasta sauce.



Year 10 pupils reflected on the flapjacks they made last week and decided they could be improved by adding a bit more butter. They made a batch for staff to sample ready for the KHS Hero Cafe.



Acorn pupils decorated biscuits in the style of villains to go with their superhero theme.



Year 10 Food and Cooking group made their own pizza bases and topped them with their sauce and a selection of toppings.



# E4L Home Learning

Mum was so proud of Rowan for receiving his certificate for settling well in year 7!



Curtis helping with the gardening!



Casey loved seeing the field filled with sunflowers, soon to be filled with pumpkins!



The National Gallery and Windmill painted by Owen! He is extremely talented and we enjoy seeing his progression throughout the years.



# TAKE CARE

The NHS Nurses who came into school to administer the vaccine were very pleased with the uptake and, as always, impressed with positive pupil behaviour and attitudes! Pupils were given a certificate with the date of vaccine. If your child missed having the vaccine, please contact your GP surgery to arrange.

If we have any future dates for vaccines they will be on our Diary Dates page.



If pupils are frequently late to or absent from school, they, and the whole class, can be affected.

The NHS message is quite clear - it is ok to allow a child or young person to go to school with some common or minor illnesses. Common colds, minor coughs, sore throats or headaches alone do not mean they are too unwell to attend school. Only absences that are UNAVOIDABLE will be authorised at KHS.

**It is really important to speak to Mrs Allen to report any absence, with a clear reason, not just by text.**

If pupils are finding it difficult to attend school for any reason, please contact their tutor in the first instance at an early stage so we can work together to resolve any problems that may arise.

**PLEASE NOTE:** Holidays during term time **will not be authorised** by the Headteacher unless in exceptional circumstances that we may need evidence and details provided for.

Thank you for your support with this.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>





# Packed Lunch IDEAS



Kids packed lunch ideas - BBC Food



In ten minutes, you can have this healthy tuna pasta salad ready for your packed lunch or supper.



A wrap is a great alternative to the standard packed lunch sandwich. These easy lunchbox roll-ups can be made the night before to beat the morning rush!

## KINGSWODE HOE

LUNCH MENU  
Week 1

### Key to allergens

Milk	M
Fish	F
Soya	So
Gluten	G
Sulphites	S
Celery	C
Egg	E
Mustard	Mu

### Monday

Tomato & Basil Spaghetti G M  
Cheesy Pasta G M  
Sweetcorn & Salad  
.....  
Marble Sponge & Pink Sauce  
G E M

### Tuesday

Chicken Burgers G  
Vegetarian Burgers G  
Baked Beans or Peas  
Diced Potatoes  
.....  
Ice-cream & Fruit M

### Wednesday

Meatballs & Tomato Sauce G  
Mexican Fajitas G M  
Green Beans & Salad  
Rice  
.....  
Shortbread & Peaches G M

### Thursday

Sausages S  
Vegetable Risotto C  
Yorkshire Pudding G E M  
Broccoli, Carrots & Cauliflower Cheese M G  
Roast Potatoes  
.....  
Fruit Lollies

### Friday

Battered Fish F G  
Vegan Sausage Rolls G  
Baked Beans or Mixed  
Vegetables  
Chips  
.....  
Muffins G E M



Fruit & Yogurt available

daily

Baguettes available

Monday, Tuesday & Wednesday



## DIARY DATES

### Parent & Carer Open Evening

Monday 26 September 2022 3.45-5.45pm

### Friday 30 September Harvest Assembly

Please send in dry goods such as tinned items, sealed tea, coffee and sugar that we can donate to some of the charitable organisations in Colchester that help the homeless.



**MacMillan Coffee Café afternoon  
Coming in October!**

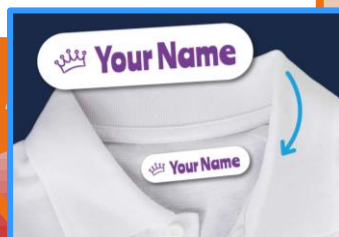


### LOST PROPERTY

We often find items of uniform which we return to the owner immediately. However, if it is not named it is very difficult to return to its rightful owner.

Please ensure all items of clothing are marked with name or initials to make our job easier.

**Thank you for your help with this!**



**Parent and Carer Communication  
Autumn Term 2022**

**Friday 22 September 2022**

### Coming up...

### Themes this half term:

Week beginning	Theme- linked to six outcomes/world events
	Health, lifestyle & wellbeing: Important figures- Mother Teresa
	Accreditation: Essex Year of Reading/Roald Dahl Day
	Identity & self- expression: Important figures- Queen Elizabeth II successor King Charles III
26/09/22	Community & Wider World: Harvest & the Homeless
03/10/22	Resilience & Independence: National Schools' Fire Safety Week
10/10/22	Employability: Important figure- Sir Christopher Wren
17/10/22	Goals and achievements this half term: Sharing assembly

**Kingswode Hoe School**  
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