

Friday 18 March 2022

This week has been another packed one at Kingswode Hoe as you will see from the many highlights shared.

We rounded off the week with an active day, doing over half a million steps and wearing non-uniform to raise money for Comic Relief. Spinney class presented their assembly to the whole school to remind everyone why we support charities like this, and pupils have been sharing their jokes all week which are thankfully better than the broccoli one...

Each class contributed to our challenge to do half a million steps as a school with Get Fit With Rick helping us have fun while being healthy!

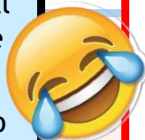
It was great to welcome Epping class to our celebration assembly this week and award the highest credit earners, Reading Egg and Athletics stars with their certificates.



We hope to welcome Year 9 Parents and Carers to school for our Pathways information evening after Easter on **Thursday 21 April** to find out more about the Year 10/11 curriculum as they prepare for the next stage in their education.

Looking forward to another action packed week ahead and wishing everyone a restful, and happy, weekend in the meantime.

Mrs Constantine, Headteacher



# MARCH Newsletter

Parent and Carer  
Communication  
Spring Term 2022

*Word of the week:*

## COMIC RELIEF 2022

Friday 18 March

Pupils wore their own clothes with a minimum donation of £1.

It's not too late, please click the link below if you wish to make an on-line donation.

[Kingswode Hoe School is fundraising for Comic Relief \(justgiving.com\)](https://www.justgiving.com/Kingswode-Hoe-School)

# COMIC RELIEF



## FUNNY

Index finger and thumb form upturned 'C' shape below chin - makes small side to side movements,

**Meaning:** Causing laughter or amusement.

**Related words:**

eccentric, hilarious, incredible, witty

Kingswode Hoe School  
What we plant today, we grow tomorrow





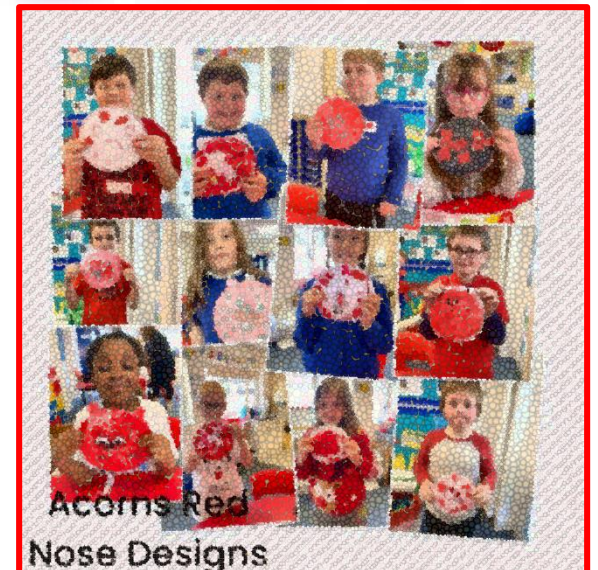
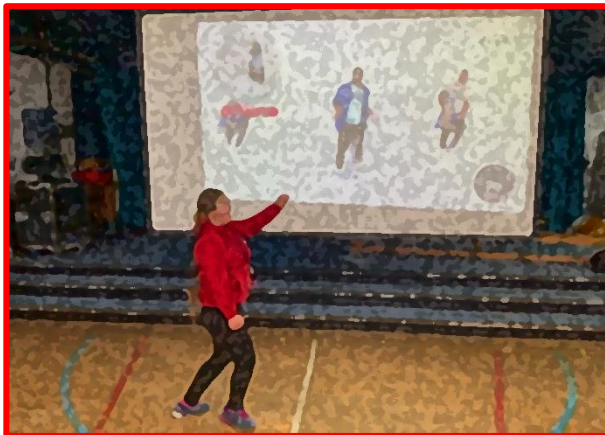
# COMIC RELIEF

<https://www.comicrelief.com/rednoseday>

*What did we do?  
Over half a million steps  
as a school!*

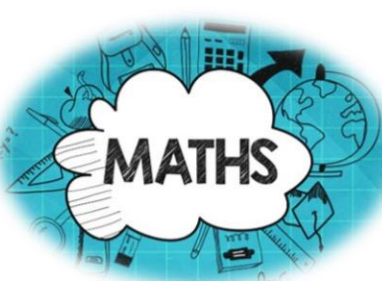
This year we have raised a total of £532 so far! Pupils have completed their challenge and as a school we have completed over half a million steps as part of our challenge.

A huge thank you to all who have donated and to everyone for taking part including pupils and staff for their amazing, active efforts!



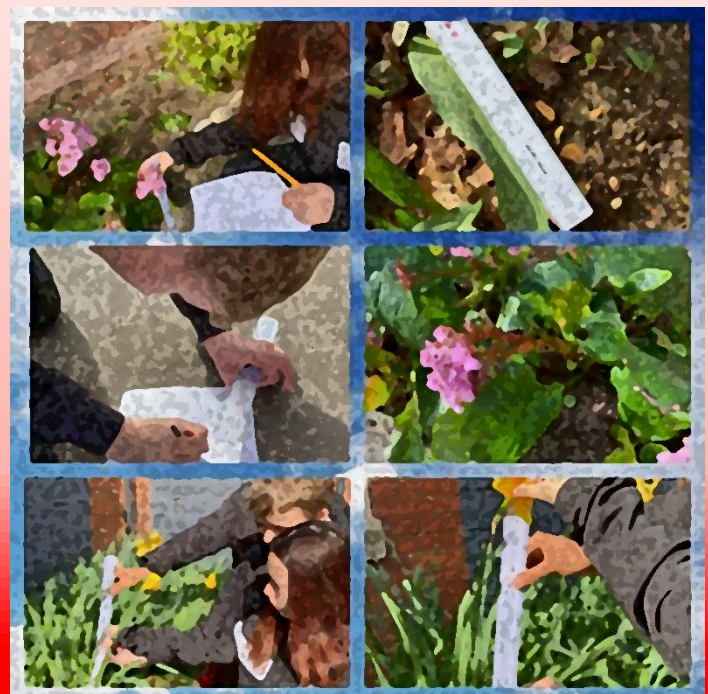
Acorns Red  
Nose Designs





Year 10 & 11  
pupils looked at  
measuring in maths.  
They explored the  
school site to  
measure plants,  
flowers and trees  
using a ruler.

They will compare  
the results next  
week to see the  
difference in growth.







Year 9 boiled eggs to their own specification. 'Cracking'!

Tuesday lunchtime:  
Lower School

Thursday lunchtime:  
Upper School



# Employability



Acorn ate their pizzas outside!



Year 9 pupils have made progress kitting out the KHS Shop this week. Some pupils made an excellent job turning the beach hut inspired design into a reality to reflect our 'employability' outcome in bold orange stripes. Super painting skills and thanks to our site team for overseeing this work.

Another group made the trip into town to select items from a local charity shop. They had a positive experience and used their communication skills to form great links with volunteers who have agreed to give us free stock on top of our purchases and were really welcoming.

Lots of eager customers visited during lunchtime shop opening hours this week!

## Life Skills

Kingswode Hoe School

What we plant today, we grow tomorrow





# Outdoor Learning...

The focus was to ensure we noted our surroundings and make observations. We explored a variety of landscapes and witnessed the destruction the recent storms had caused in the wooded areas. Staff praised pupils for demonstrating random acts of kindness towards others throughout the day.



During the past few weeks, our focus in PE has been to practise our rugby skills including passing, kicking and tackling using the tackle bags.





Orchard Class went to town last week to spend their World Book Day vouchers; this is a selection of photographs showing them finding safe places to cross the road.



<https://www.travel-training.co.uk/>

Road safety



Year 10 pupils visited the local bus depot and had a ride on a double decker bus and had the opportunity to sit in the driver seat and buy their own ticket. Some super manners, smiles and safety. Thank you to staff organising the visit!



**Travel advice**

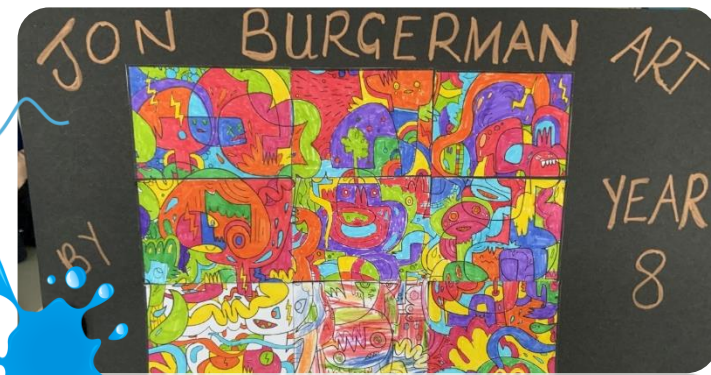
Let's get there together.





Orchard pupils have been continuing their art study of Jon Burgerman. The pupils have coloured pieces of his work in bold colours and created a piece of shared art.

# ART time



Maple class completed their Frida Kahlo inspired, mixed media artworks. They combined favourite colours, objects, animals, and words with their self-portraits.



Frida Kahlo y Calderón was a Mexican painter known for her many portraits, self-portraits, and works inspired by nature and artifacts.





Reading is the **KEY** to learning



Pupils have continued to be absorbed in their books, even reading during their lunch break outside and during a class visit to town!

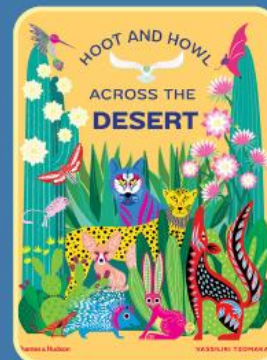
Well done to some of the stars awarded with reading egg certificates in sharing assembly this week!



Year 10 pupils visited Colchester library. There are often interesting events running in local libraries at weekends and during school holidays ...

Reading  
eggs

<https://readingeggs.co.uk/>



## Vassiliki Tzomaka Children's Author Event

Prettygate Library  
Saturday 9 April 10.30-11.30am

Find out about amazing desert animals  
Followed by fun craft activities

Book at [libraries.essex.gov.uk/events](https://libraries.essex.gov.uk/events) or at the library

Free event, suitable for ages 4-11

Booking essential as places are limited

Essex Year of  
**Reading**





# Evidence for Learning



<https://web.evidenceforlearning.net/efl/>

Esme loved her visit to the Zoo!



From home



Amalia planted potatoes using her new gardening tools, more vegetables coming soon!



EVIDENCE  
FOR LEARNING

Ethan helped plant potatoes; he is looking forward to cheesy jacket potatoes when they are ready!



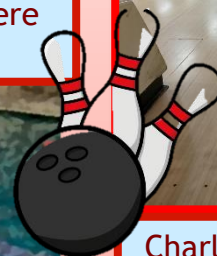
Esme has been practising making a cake ready for when she makes her birthday cake, this look delicious!



Kymani loves to watch the cake show 'Nailed It' on Netflix, he was inspired to make a blueberry cake!



Summer hired a private pool, lots of fun, races and noodle fights were had!



Charlie went bowling at the weekend and won both games!





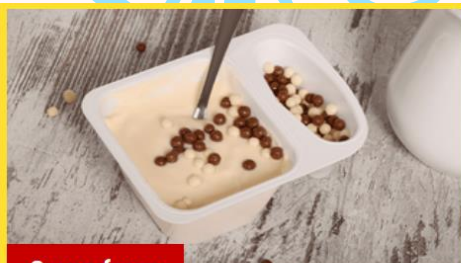
# Simple swaps!



← swap this  
for that →

Key to allergens in menu items:

Milk **M**  
Fish **F**  
Soya **So**  
Gluten **G**  
Sulphites **S**  
Celery **C**  
Egg **E**  
Mustard **Mu**



## Swap from

- ✗ Split pot yoghurts and pudding pots
- ✗ Cake bars and cereal bars
- ✗ Muffins and chocolate
- ✗ Crisps
- ✗ Juice pouches and fizzy drinks
- ✗ Tinned soup
- ✗ Ham and cheese sandwiches



## Swap to

- ✓ Lower-sugar fromage frais or plain natural yoghurt
- ✓ Sugar-free jelly
- ✓ A slice of malt loaf or a fruited teacake
- ✓ Fresh or tinned fruit (in juice, not syrup)
- ✓ Plain popcorn, plain rice cakes or raisins
- ✓ No-added-sugar juice drinks, or water with berries and chopped fruit
- ✓ Homemade [spiced chicken and vegetable soup](#) or [harvest vegetable soup](#)
- ✓ Our delicious [beefed up sarnies](#)



Kingswode Hoe School  
Spring Term Lunch Menu

Week 3				21 March
Monday	Tuesday	Wednesday	Thursday	Friday
No Meat Monday	Sausages <b>S</b>	Chicken Pie <b>G M</b>	Roast Pork Yorkshire Pudding	Battered Fish <b>G F</b>
Pizza <b>G M</b>	Vegetarian Sausages <b>G</b>	Cheese & Onion Quiche <b>G E M</b>	<b>G E M</b> Vegetable Strudel	Tortilla Boats <b>G E M</b>
Sweetcorn	Diced Potatoes	Homemade Bread <b>G M</b>	Roast Potatoes Cabbage Carrots Peas	Chips Baked Beans Peas
Coleslaw <b>M Mu</b>	Beans	Broccoli	Fruit Muffins	Flapjack
Pasta Salad <b>G</b>	Sweetcorn	Green Beans	<b>G E M</b>	<b>G M</b>
Ice Cream Roll <b>G E M</b>	Rice Pudding <b>M</b>	Angel Delight <b>M</b>	NO BAGUETTES	NO BAGUETTES

Available daily:  
Fresh wholemeal bread,  
Salad, fresh fruit, yogurt,  
Fresh milk & water



Kingswode Hoe School  
What we plant today,  
we grow tomorrow





## COVID GUIDANCE REMAINS THE SAME THIS WEEK!

### Current isolation advice

Unlike mainstream schools, there is still a recommendation that young people and staff who work in special schools continue to test themselves for Covid-19, using an LFD testing kit, twice a week. We know that for some pupils this is a difficulty and so, as we have throughout the pandemic, we will be sympathetic to this, and no-one will miss education because they do not test.

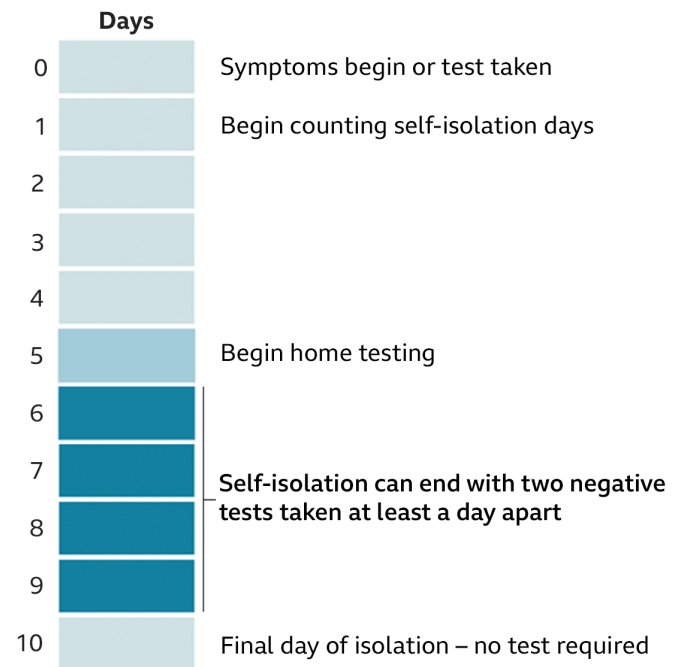
#### If your child has a positive test, or has symptoms of Covid-19, then the advice is:

- Children and young people with COVID-19 should not attend their education setting while they are infectious.
- They should take an LFD test from five days after their symptoms started (or the day their test was taken if they did not have symptoms) followed by another one the next day.
- If both test results are negative, they should return to their educational setting, if they feel well enough to do so and do not have a temperature.

Children and young people who usually attend an education or childcare setting and who live with someone who has COVID-19 should continue to attend the setting as normal.

*You will see from the SEAX letter that advice remains the same for staff and pupils in our special school*

#### How five-day isolation rule works in England



Source: NHS

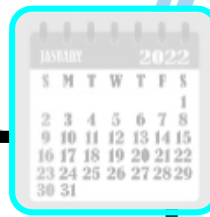
B B C

**Please continue to check government websites for the latest information:**

<https://www.gov.uk/coronavirus>

[Click for vaccination information](#)





## DIARY DATES

Easter Holiday dates:  
4 - 18 April

Back to school on Tuesday 19 April



Year 9 Pathways evening  
Thursday 21 April  
4.00-5.30pm

*Further information to follow...*

HPV Catch up vaccinations Years 9-11 1 April  
DTP/Meningitis ACWY Year 9 19 May  
HPV 1st vaccine Year 8 July

Final day for Year 11: Friday 1 July 2022

## RESIDENTIAL DATES

Thorrington Camp 4 - 6 May Year 7  
Letton Hall 24 -27 May Year 9  
Leiston 6 - 10 June Year 10  
Rendlesham Forest Camping 22 - 24 June DofE Group  
Thorrington Camp 12 - 14 July Year 8

## Coming up...

Themes this half term:

Week beginning	Theme linked to six outcomes & world events
	Employability: Kingswode Hoe Shop
	Accreditation: Reading/World Book Day-The Nest
	Community & Wider World: People who help us
	Health, Lifestyle & Wellbeing: Comic Relief Mindfulness
21 March	Resilience & Independence: Our Environment DofE #ShowTheLove
28 March	Identity & Self-Expression: Arts Award Sharing





Easter Holiday Courses Bikeability Level 1, Level 1 & 2, Level 3, and Learn to ride courses. In Chelmsford, Colchester, Harlow & Maldon.



Some information and links about local activities during the Easter break that may be useful...

# Out of school/holiday activities

# MERCURY



leisure world

<https://shortbreaks.essex.gov.uk/>

<https://www.mercurytheatre.co.uk/event/send-holiday-club/>

<https://all4kidsuk.com/holiday-clubs-and-courses-childrens/essex/colchester>

<https://colchesterleisureworld.co.uk/colchester/kids/holidayfunkids/>

<http://www.interact.org.uk/children-young-people/short-breaks/>

<https://www.activeessex.org/children-young-people/essex-activate/>



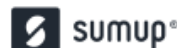
## Easter Holidays 2022

### Essex ACTIVATE



07809176252

We now accept card payments and contactless!



### HOLIDAY CLUB

Monday—Friday

Open from 8:00am – 6:00pm

(Unless otherwise stated)

Session fee per day £23.00

**Fee is payable in full once your session is booked.**

**PLEASE BRING DRINKS BOTTLE WITH YOUR CHILDS NAME ON**

### AFTER SCHOOL

Monday—Friday

Open from 3:00pm – 6:30pm

£8.00 Session Fee after school—Once booked

session fee is payable in full

Collection from all local schools

available (small fee payable, please ask for details)

Late collection available for all after school activities.

One time £20.00 REGISTRATION FEE payable per family.

We are now working in partnership with Essex Activate and are partly funded by Active Essex and Essex County Council. This means we are able to offer a very limited number of families of SEN children who also receive free school meals, 2 sessions per week from 10am-4pm Mon-Thurs, including lunch. Please contact us to find out if you are eligible. For more details about Essex Activate, please visit our website!

Monday 4th— Fragers Gaming Bus



Animal Workshop— Monday 11th



Tuesday 5th— Rugby with Mistley RUFC



Rugby with Mistley RUFC— Tuesday 12th

Wednesday 6th— Monkey Bus



Easter Egg hunt— Wednesday 13th

Thursday 7th— Captain Fantastic



Fragers Gaming Bus— Thursday 14th



Friday 8th— Easter Crafts



lunches available every day for £2.50

Remember to bring in your pennies for Tuck Shop!

Shop!

Shop!

Shop!

Friday 15th CLOSED

JackPetchey Foundation

Imagin - Educate - Achieve



Find us on Facebook or visit our website

[www.facebook.com/MistleyKidsClub](https://www.facebook.com/MistleyKidsClub)

[www.MistleyKidsClub.co.uk](https://www.MistleyKidsClub.co.uk)

Mistley Kids Club Ltd Furze hill village hall, Shrublands Road, Mistley, Essex, CO11 1HS Tel: 07809176252  
Registered charity number 1140273



# Firstsite Holiday Fun

Spring 2022  
Mon 4 Apr - Thu 14 Apr 2022

## Colchester

Activities take place  
at: Firstsite,  
Lewis Gardens, High St,  
Colchester, Essex  
CO1 1JH



**Make  
Creative art  
activities**  
10:00am –  
2:30pm



**Move  
Fun sports  
activities**  
10:45am – 11:45am  
& 12:00pm  
– 1:00pm



**Canteen**  
Freshly made  
hot meals for all  
the family  
11:45am &  
1:00pm

All activities are free for families that require  
additional support during the school holidays,  
including those that qualify for benefits-based  
free school meals.

- Advance booking is essential.
- Activities most suitable for 4 - 11 years, but all ages welcome.
- Caregivers are required to stay on site throughout the activities.
- Menus and list of activities available at [www.firstsite.uk](http://www.firstsite.uk)

## How to book

Book online at  
[www.firstsite.uk](http://www.firstsite.uk)  
or call 01206 713700.

Early bird tickets available  
from Mon 21 Mar – Fri 31  
Mar 2022

More tickets will be  
released three days in  
advance of each session.

Limited spaces available, offered on a  
first come, first served basis.

If you can no longer attend your  
booking, please let us know as  
soon as possible by calling 01206  
713 700. If you contact us 24 hours  
before the event your space can be  
made available for another family.  
Thank you!



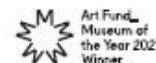
We have put  
measures in place  
to provide a safe  
and fun experience  
for everyone.

To find out more  
about our Covid-19  
safety measures, please  
visit [www.firstsite.uk](http://www.firstsite.uk),  
email  
[info@firstsite.uk](mailto:info@firstsite.uk)  
or call  
01206 713 700.

Firstsite, Lewis Gardens  
High Street, Colchester CO1 1JH

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Colchester Fund, which are managed by Essex Community Foundation, as well as funding from:



## Firstsite

