

Friday 29 April 2022

Identity & Self Expression- St George's Day
(23 April 2022)

We welcomed visitors from Essex Police Force, Preparation for Adulthood and ProCorda this week to talk to pupils about pro-social behaviour, next steps and our forthcoming Year 10 residential trip to Leiston Abbey in Suffolk.

Saturday 23 April, was St George's Day, marking the legend of England's patron saint and an ideal opportunity to talk to pupils in assembly and tutorials about patriotism, diversity and the many stories surrounding this national figure.

Please take time to look at information about our **PSHCE and RSE curriculum** as we are currently consulting with parents and carers. Find out more on page 4 which also has a link to our website.

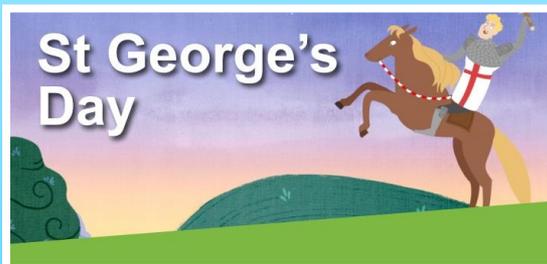
The school shop continues to grow in popularity with pupils eagerly sourcing and purchasing goods with the credits they 'earn' each week. It is great to see Year 10 pupils taking pride in running this and developing maths skills and money sense.

Silver Arts Award pupils presented their work as part of sharing assembly this week and it was clear to see the level of enjoyment, reflection and creativity they have achieved. See more on page 6.

Super to see some new faces being awarded as part of our weekly celebration assembly this week and to welcome Year 10 and 11 pupils back to the hall to applaud and support their peers!

Celebrating achievement and working together are part of our GROW ethos at KHS

April



Newsletter

Parent and Carer
Communication
Summer Term 2022

Word of the week:



ENGLAND

*Both index fingers extended.
Dominant index finger moves
backwards and forwards along
other index finger.*

*Word: ENGLAND
Meaning: the largest country
on the island of Great
Britain.
Other GB countries:*

Highlights

On Tuesday 26th April, Year 9 had a visit from PC Adams and PC Speirs.

Pupils completed a missing persons scenario and used their skills to be a police detective. Pupils had to demonstrate team work, communication skills, peer pressure awareness and safety.

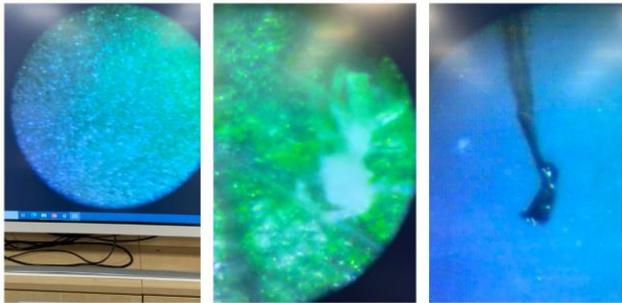
PC Adams and PC Speirs were impressed with our detectives.

Well done Year 9!

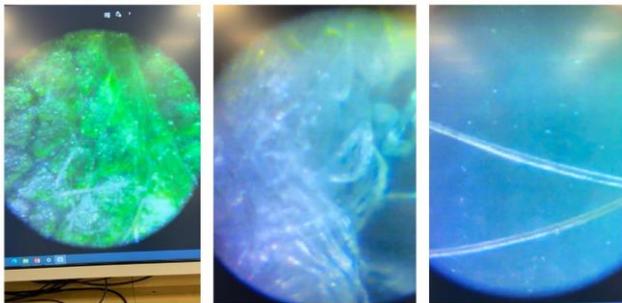


ESSEX POLICE

Protecting and serving Essex

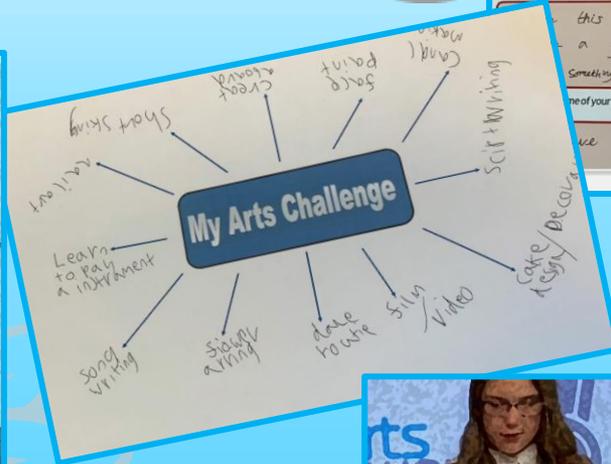
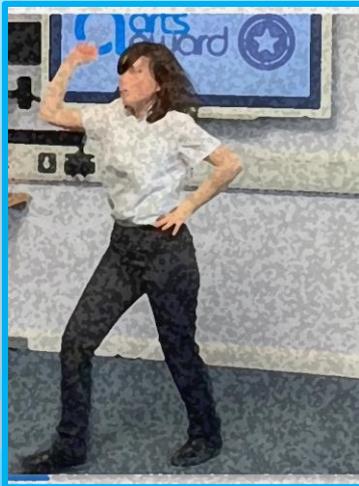


Orchard Class using the microscopes for the first time to look at animal and plant cells in Community and the Wider World.





arts award



Your challenge

Will you be extending an arts skill you already have?

Or are you going to try something new?

Describe your arts challenge here:

We will write a script, chose the casting, film it. We will teach them the script and then when they are ready we will edit it. At the end I will edit it.

Why have you chosen this as your arts challenge?

This because I've always wanted to make a film also I've been inspired by a past something I have been inspired by a past.

What steps will you need to take to complete this challenge? (Eg other resources you will need)

I will have to film scenes to make a film. Also I will learn how to edit the film.

Who or what will you need to help you? (Eg other people)

I will need a computer, need a notepad and pen and will need a iPad.

I will need other people to make different parts.

How will you arrange this?

I will get the script and make the script and characters.

What will you make? (Eg an end product, a performance, a display)

We have made a film of...

PLANNING

It was great to see and hear about the work that Silver Arts Award pupils have completed as part of their Level 2 accreditation! This has required lots of perseverance, independence and motivation so a huge well done to Bobbie, Katelynn, Kelly and Lavinia for their portfolio and performance work. Thank you for sharing with the school as part of our Self-Expression assembly this week!

FOCUS ON...PSHCE & RSE CURRICULUM

The Department for Education (DFE) has new statutory guidance on Relationships and Sex Education (RSE) and what they believe pupils must learn before leaving school at 16.

As part of your child's education at Kingswode Hoe School, we promote personal wellbeing and development through a Personal, Social, Health, Citizenship, Economic (PSHCE) programme. PSHCE is the curriculum subject that gives pupils the knowledge, attitudes and practical skills to help live safe, healthy and productive lives.

We will be focusing on this important part of the curriculum in the newsletter over the next few weeks as part of our parent and carer consultation.

Click on the image to see our short film to find out more!



Please see the short film on our website made by staff at Kingswode Hoe about how we approach this with our pupils to tell you more:

<https://www.kingswodehoe.com/curriculum-overview>

Look out for letter with further information about our RSE and PSHCE curriculum!

The Jigsaw Puzzles (units)

1. Being Me In My World
2. Celebrating Difference
3. Dreams and Goals
4. Healthy Me
5. Relationships
6. Changing Me



Jigsaw!

The mindful approach to PSHE

MINDFULNESS

Birch class completed a 'Remembering Joy' activity recalling happy memories as part of their mindfulness session this week.



Wellbeing

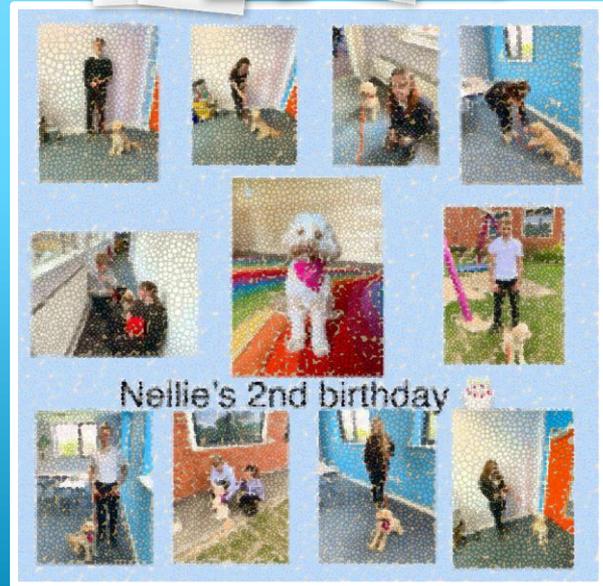
Highlights

Year 9 began seasoning a pasta sauce as part of their food and cooking this week.



They are just KIDDING around! Year 10 and 11 pupils thoroughly enjoyed their weekly visit to Yarra Farm. They loved meeting the new baby goats.

Nellie visited school and we were very excited as it was her 2nd birthday. We were able to work with her on perfecting her tricks. We are very good at remembering to ask permission before we touch Nellie and always check with Mrs Williams if Nellie is happy to perform her tricks. Yet another Friday afternoon full of success stories.



Nellie's 2nd birthday



Birch class focusing on their sketching skills.



BIRCH CLASS FOCUSING ON THEIR SKETCHING SKILLS

AMAZING WORK BIRCH CLASS!

Reading for purpose...

During their EHCP lesson, Year 10 went out to read bus time tables as an important life skill for independent travel.



Reading road signs

the READING CORNER



Well done to Epping and Birch classes who started doing peer reading sessions on Tuesdays, with older pupils supporting younger ones and enjoying listening to each other read aloud!

Reading @ KHS





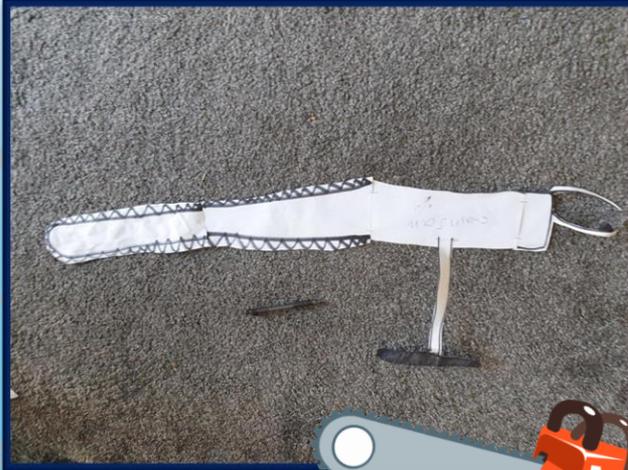
OUTDOOR LEARNING



This week in PE we started our athletics training.
Our focus: to practise our technique when throwing a javelin.



This week, year 10 pupils visited Stour Estuary Nature Reserve. During our walk we observed a variety of woodland flowers and plants, the shoreline of the estuary and discovered an artwork designed by Grayson Perry and FAT Architecture. 'A House for Essex' is a building designed to evoke the tradition of wayside and pilgrimage chapels.



He also went to watch a few shows during the Easter... he particularly enjoyed Fireman Sam Saves the Circus at The Mercury Theatre.



Curtis being creative making a chainsaw. He has been talking about chainsaws since his Yarra Farm visit after they had to do some sawing a few weeks ago.



Kelsie loved watching the new Sonic film at the cinema, certainly looks like you had fun!

St George's Day is celebrated throughout England on 23 April. But what do we know about the real St George?

It is believed George lived in the 4th Century in a region of modern-day Turkey and was a soldier in the Roman army.

King Edward III of England adopted St George as the patron saint of The Noble Order of the Garter, but St George is also recognised by many other cities and countries throughout Europe and beyond.

<https://www.bbc.co.uk/teach/school-radio/assemblies-ks1-ks2-st-georges-day-patron-saint-england/zrwgcmn>



Year 7 pupils enjoyed acting out the story of St George and the dragon this week!

- St. George is the patron saint of England.
- Like England, every country in the UK has its own patron saint who in times of great peril is called upon to help save the country from its enemies.
- One of the best-known stories about Saint George is his fight with a dragon. St George is a symbol of good conquering evil, of stability and justice.
- St George is also celebrated in Palestine, Georgia, Hungary, Spain and many other countries.

Did You Know?

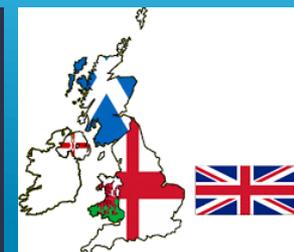
As part of discussing patriotism for our country we have also talked about diversity and the many children and families that come to our country from other parts of the world due to difficulties, such as the many refugees seeking safety in our country due to the continuing situation in Ukraine.



<https://seemannillustration.com/diverse-united-proud-this-is-england-for-goal>



**DIVERSE, UNITED,
PROUD. THIS IS
ENGLAND.**



Updated Covid guidance

Updated List of COVID-19 Symptoms

I'm sure you have all seen that the list of [COVID-19 symptoms](#) has been updated and now includes:

- ✓ A high temperature or shivering (chills)
- ✓ A new, continuous cough
- ✓ A loss or change to your sense of smell or taste
- ✓ Shortness of breath
- ✓ Feeling tired or exhausted
- ✓ An aching body
- ✓ A headache
- ✓ A sore throat
- ✓ A blocked or runny nose
- ✓ Loss of appetite
- ✓ Diarrhoea
- ✓ Feeling sick or being sick

Vaccinations

Parents and carers of all 5 to 11 year olds are now able to book a COVID-19 vaccination for their child. Link to the [national booking service](#)

To book a COVID vaccination for all eligible age groups please visit the [NHS national booking service](#) or dial 119.



WELL DONE to our 5-11 year olds who had their vaccine this week and huge thanks to staff, parents and NHS supporting them - such stars!

Changes to Measures and Guidance for Managing COVID-19 in Education and Childcare Settings

Updated guidance advises:

- Adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature
- Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend
- **Adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days**, which is when they are most infectious.
- **For children and young people aged 18 and under, the advice is for 3 days of no contact with other people.**
- **Regular asymptomatic testing is no longer recommended in any education or childcare setting, including SEND, alternative provision, and children's social care settings.** Therefore, settings will no longer be able to order test kits
- The UK Health Security Agency (UKHSA) will publish new guidance. Most of the specific COVID-19 guidance for education and childcare settings was withdrawn from Gov.uk on Friday 1 April 2022.

KINGSWODE HOE

LUNCH MENU

Week 3

Key to allergens

Milk	M
Fish	F
Soya	So
Gluten	G
Sulphites	S
Celery	C
Egg	E
MUSTARD	MU

Monday

Macaroni Cheese G M
Mushroom Bake G
Homemade Bread
Salad

Ice Cream Roll M

Tuesday

Beef Lasagne G M
Vegetarian Sausage Twist G M S
Green Beans
Garlic Bread G E M

Fruit Trifle G M

Wednesday

Sweet & Sour Chicken G
Vegetarian Curry C
Sweetcorn
Rice

Raspberry Slice & Cream G E M

Thursday

Roast Turkey & Stuffing G
Vegetable Strudel G C
Cauliflower Cheese M G
Peas & Carrots
Roast Potatoes

Fruit Delight M

Friday

Bubble Fish F
Omelette E
Baked Beans
Mixed Vegetables
Chips

Scones with Jam & Cream G M



Fruit & Yogurt available daily

Baguettes available Monday, Tuesday & Wednesday

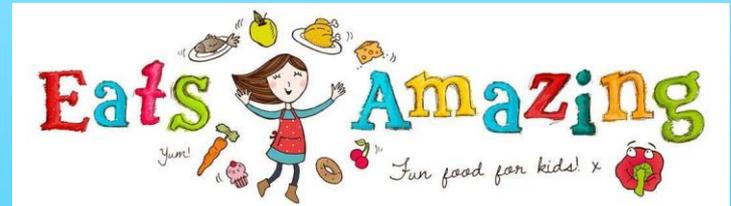
School Lunch



The menu will be on a three week cycle through the summer term, please check the newsletter for the week ahead and help to prepare pupils for changes!



Packed lunch Ideas!



<https://www.eatsamazing.co.uk/bento-lunches/healthy-lunch-box-food-ideas/packed-lunch-menu-plans/menu-a-week-of-balanced-lunches->

Please limit sweet treats as part of packed lunches to ensure balance for pupils and slow release energy during the afternoon.



DIARY DATES

DTP/Meningitis ACWY Year 9 19 May
 HPV 1st vaccine Year 8 8 July

Final day for Year 11: Friday 1 July 2022

RESIDENTIAL DATES

Thorrington Camp 4 - 6 May Year 7
 Letton Hall 24 -27 May Year 9
 Leiston 6 - 10 June Year 10
 Rendlesham Forest Camping 22 - 24 June DofE Group
 Thorrington Camp 12 - 14 July Year 8

Coming up...

Themes this half term:

Week beginning	Theme linked to six outcomes & school/wider world events
	Employability: Work experience placements How we grow at Kingswode Hoe
	Accreditation: Sharing
3 May	Community & Wider World: Travel
9 May	Health, Lifestyle & Wellbeing: Keeping calm
16 May	Resilience & Independence: Y7 Sharing- Thorrington trip
23 May	Identity & Self-Expression: Arts Award Sharing

At Kingswode Hoe School we:

Guide and listen
 Raise the roof of resilience
 Openly celebrate achievement
 Work together

Supports the school's values: Respect, Responsibility, Resilience, Resilience, Resilience

