

February Half Term 2022

Newsletter

Parent and Carer
Communication
Spring Term 2022



We have ended a busy half term at Kingswode Hoe with a focus on safety, particularly online, in recognition of Internet Safety Day. It is vital in our modern world that pupils know and understand how to keep safe online and this is part of our Computing curriculum throughout the year. See page 3 for some of the activities pupils have been doing this week to reinforce their learning. Follow the links for information and support for parents and carers. Our 'do's and don'ts' on page 4 are just as important in the real world too ...

Important news recently, that British Sign Language is on course to becoming a recognised language and a new law is being backed by MPs which could make a real difference to the deaf and hearing-impaired community.

The Winter Olympics are also in full swing with some exciting sports and inspiring endeavours to watch and support during half term! Click on the Newsround links below to find out more ...

We had some further cases of Covid-19 in school during the last week of term but anticipate another change to isolation advice after half term. Once there are more details, we will send these out and really hope we are gradually moving towards a time less affected and disrupted by the pandemic.

Check government guidelines online for the most up to date information.

<https://www.gov.uk/coronavirus>

Wishing everyone a wonderful half term!

Mrs Constantine, Headteacher



WHEN?

Safer Internet Day takes place every February



BSL takes a step closer to becoming a recognised language

Word of the week:



IMPORTANT

Flat dominant palm taps tip of extended index finger on secondary hand.

Description: Flat dominant palm taps tip of extended index finger on secondary hand.

Definition: Having great meaning or value.

Also Means: crucial, essential, vital



BEIJING 2022™



Kingswode Hoe School

What we plant today, we grow tomorrow



NEWSROUND Everything you need to know about the Beijing 2022 Winter Olympic Games



SAFER INTERNET DAY



We highlighted the importance of online safety this week to mark Safer Internet Day - the annual flagship campaign under the European Strategy for Better Internet for Children.

The theme this year is about respect. Assemblies and tutorial activities have helped pupils explore how to think carefully about how they interact online.

THEME 2022

'All fun and games? Exploring respect and relationships online'

From gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a part of. Safer Internet Day 2022 celebrates young people's role in creating a safer Internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/send>
<https://www.thinkuknow.co.uk/>

Pupils across the school have been focusing on Online Safety this week, Year 7 pupils looked at the difference between impersonal and personal information. They also looked at apps and social media age recognition. They considered statements that are and are not ok to share online or say to someone.



e-safety adviser

Stay safe online



I can tell you what personal information is.

Sort the information below into personal and impersonal.

Impersonal - can be shared	Personal - do not share
My favourite car. My favourite football team My favourite football team	My password. My address. Where I go to school. My phone number.

I can talk about why it's important to be kind and polite online

Impersonal - can be shared	Personal - do not share
"I'm so bored at the moment." "Are you going to Pete's party?" "Send me a picture of your new haircut."	"Nobody likes you!" "You're so ugly." "I don't want to go to your party." "I'm going to tell everyone about your secret." "Send me your password." "If I see you speaking to her then you're going to get it." "Send me your password."

Technology can be a 'minefield' with dangers but also a positive resource when used responsibly. Parents and carers play a crucial role in empowering and supporting children and young people to use digital technologies responsibly, respectfully, critically and creatively. Support pupils by supervising their online interactions and talking to them about how to keep safe. These links have lots of useful safety tips and advice

HOW TO KEEP SAFE AND SHOW RESPECT

Do



- ✓ Ask permission to go online
- ✓ Talk to a grown up
- ✓ Use kind words
- ✓ Go online with people you know
- ✓ Block people if they are threatening or unkind
- ✓ **STOP** if asked
- ✓ Have a time limit for online activity
- ✓ Stay safe

Don't



- ✗ Keep things secret
- ✗ Use threatening or unkind words
- ✗ Go online with people you don't know
- ✗ Spread rumours about people
- ✗ Carry on if asked to **STOP!**
- ✗ Spend all your time online
- ✗ Believe everything we hear
- ✗ Spread gossip or rumours

Independence

We have been learning...

Year 10 and 11 pupils had Essex free safety education talks from the Fire Service. Some pupils also took part in talks about healthy relationships, peer pressure and knife crime. Pupils engaged positively with these talks and reported learning a lot about the issues raised. The Fire Service will return after half term to run similar safety talks with Year 7, 8 and 9 pupils.

Year 11 focused on First Aid during this week's D of E lesson. They discussed how to respond to an emergency and the steps needed to take to keep the other person and themselves safe.

Safety

Year 10 pupils have been busy sewing during their Work Related Learning lesson, this looks **SEW** good!

Year 7 pupils have been making their own sandwiches this week which is an excellent preparation for adulthood skill, well done!



Food and Cooking



Year 10 Life Skills group enjoyed tasting their flapjacks and making a hot drink. Chimezie rated the baking a 10/10!



Acorn pupils have been making their traffic light cookies. Ready, Steady, Go!

Kingswode Hoe School
*What we plant today,
we grow tomorrow*



Year 9 pupils have been making homemade vegetable soup and taste testing it during their Food and Cooking lesson.



Outdoor Learning



Big
Garden
Birdwatch
28-30 January 2022

What will you see?

Weald took part in the Big Schools' Birdwatch on Thursday 3 February



BIG BIRD WATCH 2022

giving nature a home
Big Schools' Birdwatch 2022

This is to certify that
Weald Class
took part in Big Schools' Birdwatch 2022

signed

Rachael White
Big Schools' Birdwatch Coordinator



Thank you!

You've done it! We hope you enjoyed the Birdwatch - check out your top 5 birds below and compare them with the nationwide results so far.

Your top 5 birds:

YOUR TOP 5 BIRDS NATIONWIDE RESULTS

CLICK TO CHART YOUR RESULTS



giving nature a home
Big Schools' Birdwatch 2022

This is to certify that
Orchard Class
took part in Big Schools' Birdwatch 2022

signed

Rachael White
Big Schools' Birdwatch Coordinator



Block headed gull	Jackdaw	Maggie	Buzzard	Herring Gull
12 seen	8 seen	8 seen	3 seen	2 seen



Orchard Class took part in the Birdwatch on Monday 7 February. They counted 38 birds and were very lucky to spot three buzzards soaring above!

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Outdoor Learning



Maple and Acorn classes have been gaining resilience, independence and wellbeing during their time at Forest School this week!



Orchard class experimented with wind resistance using the school apparatus, parachutes and an umbrella.



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we grow tomorrow





Outdoor Learning

DofE



Our year 10 pupils are getting involved in #showthelove 'Get Ready for Green Hearts Everywhere' February 22 campaign.

Find out more here <https://www.theclimatecoalition.org/show-the-love>

This week, as part of their ongoing science climate change and pollution project, pupils visited Mersea beach to help make a difference. Pupils collected litter during their walk, and we discussed how wind turbines and Bradwell nuclear power station produce energy. A wonderful day was had by all. Well done year 10!

We look forward to sharing our final science project with you soon.



The
Climate
Coalition



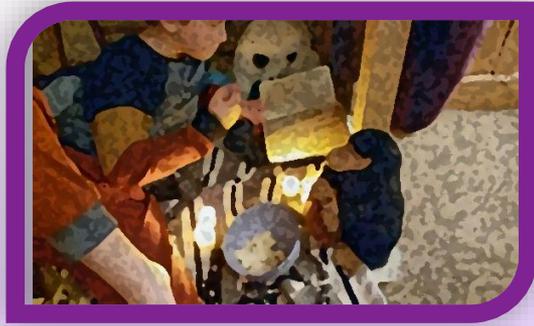
#ShowTheLove

Evidence for Learning

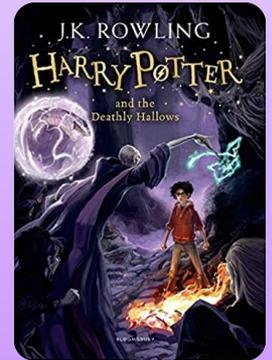


Reading at Home

From home



Ethan made a den for quiet time whilst reading his Harry Potter book and discussing his observations.



Curtis helped cook dinner over the weekend, this looks like a tasty meal, well done!



Ethan from Oak has been busy cooking Mac'n Cheese, this looks delicious!



Lauren has been arm knitting and made a scarf. Fantastic handiwork!



CURRENT COVID-19 ADVICE- PLEASE BE AWARE THIS MAY CHANGE AFTER HALF TERM SO CHECK GOVERNMENT WEBSITE BELOW FOR UP TO DATE INFORMATION OR CONTACT 119

Current isolation advice

People who are self-isolating with COVID-19 can reduce their isolation period after five full days if they test negative with a lateral flow device (LFD) test on both day five and day six and they do not have a temperature.

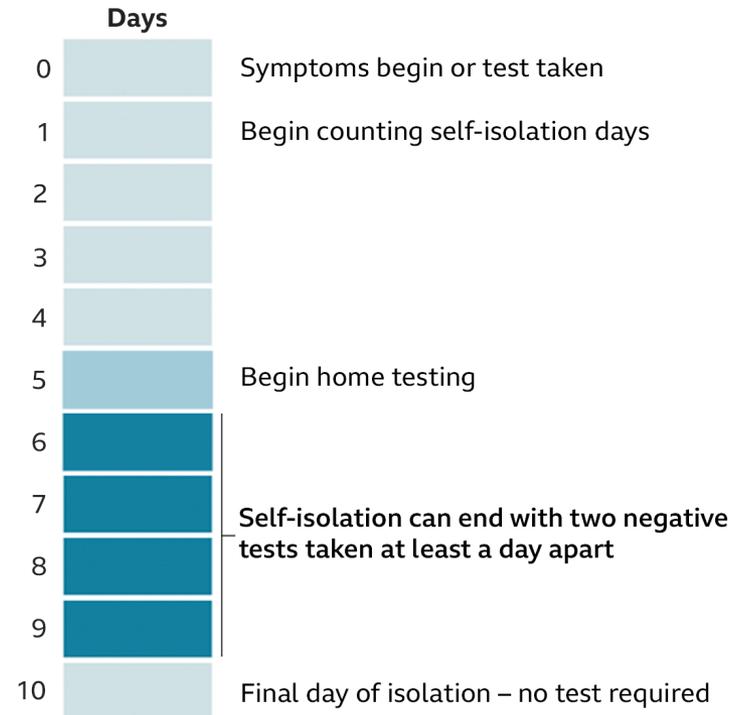
The first test must be taken on day five of isolation, and the second must be taken the following day.

All test results should be reported to NHS Test and Trace. Pupils who have been in their class or taxi are advised to do daily LFD tests.

If the result of either of their tests is positive, you must make sure your child continues to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

If your child is unable to take LFD test or they continues to have a temperature they will need to complete the full 10-day period of self-isolation.

How five-day isolation rule works in England



Source: NHS



**Guidance is changing frequently now.
Please check government websites for the latest information:**

<https://www.gov.uk/coronavirus>

[Click for vaccination information](#)



<https://www.bbcgoodfood.com/recipes/collection/school-lunch-recipes> has some creative ideas for children's healthy packed lunches!



<https://www.twinkl.co.uk/blog/packed-lunch-ideas-for-fussy-eaters>



Key to allergens in menu items:

Milk **M**
 Fish **F**
 Soya **So**
 Gluten **G**
 Sulphites **S**
 Celery **C**
 Egg **E**
 Mustard **Mu**

School Lunch



Kingswode Hoe School
Spring Term Lunch Menu

Week 2 21 February

Monday	Tuesday	Wednesday	Thursday	Friday
No Meat Monday	Curry Day G	Mince Cobbler G E M	Roast Chicken	Fish Fingers G F
Tomato Spaghetti G M	Vegetable Chili G E M	Vegetarian Savoury Whirl G E M	Yorkshire Pudding G E M	Cheese Pasty G M
Tomato & Chickpea Ragout G M	Rice Naan G	Green Beans	Risotto C	Chips G
Sweetcorn Salad	Mango Chutney	Broccoli	Roast Potatoes	Broad Beans
Chocolate Sponge & Chocolate Sauce G E M	Ice cream & Fruit	Pancakes & Cream G E M	Cauliflower Cheese M	Peas
			Carrots	Jelly
			Mixed Vegetables	
			NO BAGUETTES	NO BAGUETTES

Available daily:
Fresh wholemeal bread,
Salad, fresh fruit, yogurt,
Fresh milk & water



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HALF TERM ACTIVITIES

Firstsite Holiday Fun

February Half Term 2022
Mon 14 – Fri 18 Feb 2022

Colchester

Activities take place at: **Firstsite, Lewis Gardens, High St, Colchester, Essex CO1 1JH**



Make
Creative art activities
10:00am – 2:30pm



Move
Fun sports activities
10:45am – 11:45am
& 12:00pm – 1:00pm



Canteen
Freshly made hot meals for all the family
11:45am & 1:00pm

All activities are free for families that require additional support during the school holidays, including those that qualify for benefits-based free school meals.

- Advance booking is essential.
- Activities most suitable for 4 - 11 years, but all ages welcome.
- Caregivers are required to stay on site throughout the activities.
 - Menus and list of activities available at www.firstsite.uk

https://firstsite.uk/event_categories/firstsite-holiday-fun/

How to book

Book online at www.firstsite.uk or call 01206 713700.

Early bird tickets released on Tue 1 Feb – Thu 10 Feb 2022.

More tickets will be released three days in advance of each session.

Limited spaces available, offered on a first come, first served basis.

If you can no longer attend your booking, please let us know as soon as possible by calling 01206 713 700. If you contact us 24 hours before the event your space can be made available for another family. Thank you!



We have put measures in place to provide a safe and fun experience for everyone.

To find out more about our Covid-19 safety measures, please visit www.firstsite.uk, email info@firstsite.uk or call 01206 713 700.

Firstsite, Lewis Gardens
High Street, Colchester CO1 1JH

Registered in England. Company no 2884347. Registered Charity no 1031800

Firstsite



<https://www.activeessex.org/children-young-people/essex-activate/bookings/>



DIARY DATES

Return to school after half term: Monday 21 February 2022

Year 10 and 11 Progress Evening

Provisional date is Tuesday 8 March, if we are able to invite parents and carers in to school. **TO BE CONFIRMED**

Final day for Year 11: Friday 1 July 2022

RESIDENTIAL DATES

Thorrington Camp 4 - 6 May Year 7

Letton Hall 24 -27 May Year 9

Leiston 6 - 10 June Year 10

Rendlesham Forest Camping 22 - 24 June DofE Group

Thorrington Camp 12 - 14 July Year 8



Coming up...

Themes next half term:

Week beginning	Theme- linked to six outcomes/world events
21 February	Employability: Kingswode Hoe Shop
28 February	Accreditation: Reading/World Book Day- The Nest
7 March	Resilience & Independence: DofE #ShowTheLove
14 March	Health, Lifestyle & Wellbeing: Comic Relief Mindfulness
21 March	Community & Wider World: Weather Day
28 March	Identity & Self- Expression: Arts Award Sharing

Box of Chocolates

The Valentine's Day tradition of giving a box of candy was started in the 19th century by Richard Cadbury. With a new technique recently established at the company to create more varieties of chocolate, Cadbury pounced on the opportunity to sell the chocolates as part of the beloved holiday.

First Valentine Was Written From a Prison

History's first Valentine was written in perhaps one of the most unromantic places conceivable: a prison. Charles, Duke of Orleans wrote the love letter to his second wife at the age of 21 while captured at the Battle of Agincourt. As a prisoner for more than 20 years, he would never see his Valentine's reaction to the poem he penned to her in the early 15th century.

<https://www.history.com/topics/valentines-day/valentines-day-facts>



DID YOU KNOW?