

This week we have seen sunshine, rain and pupils challenging themselves in many different ways. In our whole school assembly at the start of the week we learnt about the achievement of the first woman to scale Mount Everest unaided on 13 May 1995. Year 7 pupils focused on our outcome of **resilience and independence** in their sharing assembly highlighting the activities they participated in when away on the Thorrington Year 7 residential trip the week before last. Well done and thank you again to the staff team for making this valuable experience possible. See more on Page 3...

We are also pleased to notify parents and carers that our Ofsted report is now published on our website. The many positive comments and details highlighted in the report are testament to the hard work and spirit of staff and pupils who pride themselves on working and growing together. I am extremely proud that it recognises the way that pupils 'care for, and look after one another', the positive comments about our curriculum and how they 'make progress from working alongside adults and learning by themselves'.

We are confident in our ability to continue to improve as a school and provide opportunities for all to learn and grow. Thank you to those who took time to provide valuable feedback.

Mrs Constantine

Click on the Ofsted logo to read the report now published on our website



Colourful counting in maths, creative butterfly creation and diligent dictionary work from lower school pupils this week



## Word of the week:



Word: ME  
Meaning: used by a speaker to refer to himself or herself

Used in exclamations

Related words: myself, I, alone, independently, self, personally



# RESILIENCE & INDEPENDENCE

## First woman to conquer Everest unaided 13 May 1995

On 13 May 1995, British woman Alison Hargreaves became the first woman to conquer Mount Everest without oxygen or the help of Sherpas. She was only the second person in history to reach the top of Everest unaided; the first person was Reinhold Messner in 1980.

### The first ascent of Mount Everest

The summit of Everest was first reached on 29 May 1953, by New Zealander Edmund Hillary, and the Nepalese Sherpa Tenzing Norgay. Since then, more than 600 climbers from 20 countries have climbed to the summit.

### Mount Everest

Mount Everest is the highest mountain on Earth above sea level, and the highest point on the Earth's continental crust, as measured by the height above sea level of its summit, 8,850 metres (29,035 feet). The mountain, which is part of the Himalaya range in Asia, is located on the border between Sagarmatha Zone, Nepal, and Tibet, China.

### Climbing mountains can be dangerous

Just three months to the day after her successful conquest of Everest, Alison Hargreaves died shortly after reaching the summit of Pakistan's K2. The climb to the summit took over 12 hours and what had started out as a beautiful clear day ended in the clouds with winds up to 140mph. Six climbers died that day on K2.

At least 100 people have died trying to reach the summit of Everest. Avalanches, falls in crevasses, cold, or the effects of thin air are the main causes of death on a mountain.

Facts about Mount Everest for kids (projectbritain.com)



[http://news.bbc.co.uk/onthisday/hi/dates/stories/may/13/newsid\\_2843000/2843951.stm](http://news.bbc.co.uk/onthisday/hi/dates/stories/may/13/newsid_2843000/2843951.stm)

Mount Everest is the highest of the Himalayan mountains, and at 8,849 metres (29,032 feet), it is considered the highest point on Earth.



PHOTOGRAPH BY BARRY BISHOP, COURTESY OF THE NATIONAL GEOGRAPHIC IMAGE COLLECTION



What we plant today, we grow tomorrow



# MESSA ROUNDERS

## KHS ROUNDERS SUPERSTARS



Congratulations to our winning rounders team! We are extremely proud of how perfectly they represented KHS at the MESSA rounders tournament. Great teamwork and sportsmanship demonstrated throughout the day. Well done!

# Outdoor Learning



This week, our Year 11 pupils have been lending a hand by removing some particularly prickly pests at the farm. Pupils used garden tools to ensure they got to the root of the thistles in preparation for new planting. Great work!



# HIGHLIGHTS THIS WEEK



9F Weald pupils have been learning about the work of the RSPCA. They watched a video and worked in pairs to identify the needs of different types of animals.



Epping and Birch pupils have been enjoying paired reading this week in the sunshine.



Maple pupils learnt how to draw the body in motion. They even managed to persuade a passing member of staff to pose for them.



Year 9 pupils took their 'job' seriously this week, walking into town and selecting items to sell in the KHS Credit Shop!





Year 10  
GCSE Art.  
Ceramics  
and model  
making

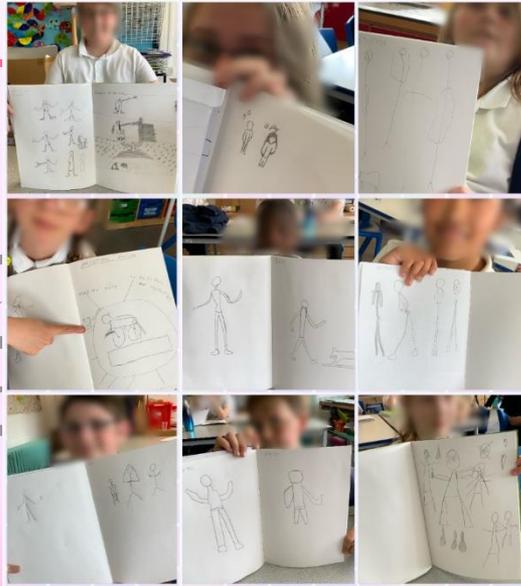
Some of the year 10 GCSE Art pupils have begun applying an under-glaze to their bisc fired ceramics. Elliot has been working on creating a sculpture of one of his drawings, using mod-roc, wire, and papier maché.



# THE ARTS



Maple  
drawing in  
the style of  
Giacometti



Year 10 Arts Award pupils are continuing to develop their knowledge and understanding of animated films, creating these super images of 'Toothless' from 'How to Train Your Dragon'. They experimented with colours to create these amazing results.



Orchard class made the most of the pleasant weather and took their creative art session outside. The pupils had to draw a landscape picture of what they could see. Their pictures will have colour added to them during their next session.



# COOKING & LIFE SKILLS

Year 9 pupils made pizza dough, they froze it ready to make fresh pizza next week.



Year 7 pupils made quesadillas to continue their Mexican theme, they look delicious!



During their EHCP session, Year 10 pupils looked at the importance of personal presentation. They are learning to use electric irons and how to sew on a button.



Year 7 pupils made fresh salsa!



Year 10 LifeSkills group made pesto pasta!

# Evidence for Learning



Kaylon has been super helpful this week helping his Nan move and gardening... What a star!

Tye has been working on his independence skills at home and made his own lunch two days in a row. Fantastic!



Summer has six freshly hatched Robins nesting in her bike helmet in her shed, how sweet!



Lincoln enjoyed his time at Jimmy's Farm!



We were delighted to hear about Isobelle's achievement from a course she has been doing at Firstsite Colchester that has been featured in the Gazette. She is very proud of the work she has accomplished in Music Production, making a drum by re-wiring and re-designing it by hand.

The group that she works with was entered in a competition and they have all won a prize of \$100 from a US company. They were declared the winners of the **Young Music Maker** category at this year's Maker Music Festival.

*"Experimental young musicians who are part of a community class of noise makers have won an award after impressing with their ability to create new sounds"* as part of Colchester music club CLIP.

**IN THE NEWS!**

# Firstsite Holiday Fun

May Half Term 2022  
Mon 30 May - Wed 1 Jun

## Colchester

Activities take place at: Firstsite, Lewis Gardens, High St, Colchester, Essex CO1 1JH



**Make**  
Creative art activities  
10:00am – 2:30pm



**Move**  
Fun movement activities  
10:45am – 11:45am & 12:00pm – 1:00pm



**Canteen**  
Freshly made hot meals for all the family  
11:45am & 1:00pm

All activities are free for families that require additional support during the school holidays, including those that qualify for benefits-based free school meals.

- Advance booking is essential.
- Activities most suitable for 4 - 11 years, but all ages welcome.
- Caregivers are required to stay on site throughout the activities.
- Menus and list of activities available at [www.firstsite.uk](http://www.firstsite.uk)

Delivered in partnership with:



# Half Term Fun

## A special Holiday Fun event for the Jubilee

Thu 2 Jun 2022

In support of the Community Picnic in the Park held in Castle Park on 2 Jun we are providing some fun activities at Firstsite.

10am - 12pm Get creative with our artist-led activities.

12pm - 1pm Collect a tasty hot takeaway meal to enjoy at the Community Picnic in the Park - meals must be booked in advance.



## How to book

To book any movement activities or canteen and takeaway meals, go to: [www.firstsite.uk](http://www.firstsite.uk) or call 01206 713700.

Early bird tickets available from Fri 20 May - Thu 26 May

More tickets will be released three days in advance of each session.

Limited spaces available, offered on a first come, first served basis.

Firstsite, Lewis Gardens  
High Street, Colchester CO1 1JH

Registered in England. Company no 2884347. Registered Charity no 1031800

## Firstsite

[https://firstsite.uk/event\\_categories/firstsite-holiday-fun/](https://firstsite.uk/event_categories/firstsite-holiday-fun/)



Supported using public funding by  
**ARTS COUNCIL ENGLAND**

**Essex County Council**



**Art Fund**  
Museum of the Year 2021 Winner

# Safeguarding awareness for parents and carers- FREE ONLINE COURSE



On National Children's Day (Sunday 15 May 2022), The FA launched a safeguarding awareness course for parents and carers, which has been developed with input from multiple stakeholders, including but not limited to; parent and carers, The FA Survivor Group, the Premier League and EFL.

The course takes about 25-30 minutes to complete and covers:

- What safeguarding means in a football context and the role of a parent or carer
- Emphasis that children's football should be centred around the needs and wellbeing of children
- Outlining the forms, signs and indicators of abuse, including 'grooming', as well as what constitutes poor practice, and how this links to abuse
- A checklist of the safeguards that should be in place at a child's club or football setting, and how to check this
- The ways concerns can be reported through recognised channels
- The behaviours that are expected in children's football environments

Colchester United coaches have been developing football skills with our pupils during social time twice a week and as part of our Friday enrichment programme.

They have shared information about a FREE online safeguarding awareness course for parents and carers.

**CLICK ON THE LINK BELOW TO FIND  
OUT MORE**



<https://thebootroom.thefa.com/learning/qualifications/safeguarding-awareness-for-parents-and-carers>



THE **BOOT ROOM**  
PART OF ENGLAND FOOTBALL

School meal menu is on a three-week cycle. We sometimes make changes due to availability of ingredients

The impact of breakfast on learning in children

family action



Click on the logo to find out more

# LOVE SCHOOL — Meals —

## BREAKFAST BAGELS

We are pleased to be working in partnership with the National School Breakfast Programme so that, as well as our Breakfast Club provision from 8.15am each morning that you can book your child into, we can also offer any pupils who may have missed their breakfast, something on the go when arriving in the morning at no extra cost to families.

We know that some pupils miss breakfast before their taxi or drop off, so healthy bagels and cereal will be available. Your child's tutor will be able to liaise with you about this option if you have any queries as we get this set up over the coming week.

Please limit sweet treats as part of packed lunches to ensure healthy balance for pupils and slow-release energy during the afternoon.

Providing Breakfast for Pupils



### KINGSWODE HOE LUNCH MENU Week 3

<b>Key to allergens</b> Milk M Fish F Soya So Gluten G Sulphites S Celery C Egg E Mustard Mu	<b>Monday</b> Macaroni Cheese G M Mushroom Bake G Homemade Bread Salad ..... Ice Cream Roll M
<b>Tuesday</b> Beef Lasagne G M Vegetarian Sausage Twist G M S Green Beans Garlic Bread G E M ..... Fruit Trifle G M	<b>Wednesday</b> Sweet & Sour Chicken G Vegetarian Curry C Sweetcorn Rice ..... Raspberry Slice & Cream G E M
<b>Thursday</b> Roast Turkey & Stuffing G Vegetable Strudel G C Cauliflower Cheese M G Peas & Carrots Roast Potatoes ..... Fruit Delight M	<b>Friday</b> Bubble Fish F Omelette E Baked Beans Mixed Vegetables Chips ..... Scones with Jam & Cream G M

Fruit & Yogurt available daily  
 Baguettes available Monday, Tuesday & Wednesday

Kingswode Hoe School  
What we plant today,  
we grow tomorrow



## FOCUS ON...PSHCE & RSE CURRICULUM

Please see the short film on our website made by staff at Kingswode Hoe about how we approach this with our pupils to tell you more:

<https://www.kingswodehoe.com/curriculum-overview>

PLEASE RESPOND TO OUR SIMPLE FORMS QUESTIONS AS PART OF THIS CONSULTATION IF YOU HAVE NOT ALREADY DONE SO!

Click on the image to see our short film to find out more!



## LINKS AND INFORMATION- NO CHANGES THIS WEEK...

### Vaccinations

Parents and carers of all 5 to 11 year olds are now able to book a COVID-19 vaccination for their child. Link to the [national booking service](#)

To book a COVID vaccination for all eligible age groups please visit the [NHS national booking service](#) or dial 119.



## COVID-19 Coronavirus

Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend.

[Click here for latest government Coronavirus guidance](#)

## DIARY DATES



Sports Experience Day at Chelmsford Sports Centre  
Year 7 pupils Monday 13 June



**SPORTS DAY 1:** Friday 17 June

**SPORTS DAY 2** Tuesday 28 June

*(If unable to hold this event on 17 June due to weather or unavoidable circumstances)*

HPV 1st vaccine Year 8 Friday 8 July

## RESIDENTIAL DATES

Letton Hall 24 - 27 May Year 9

Leiston 6 - 10 June Year 10

Thorrington Camp 12 - 14 July Year 8



## YEAR 11 DATES

**Rendlesham familiarisation DofE Walk 23 May**

**Graphics Examination 7 ,8, 9 June**

**Graphics Examination 14 , 15, 16 June** *(if for any reason the school is unable to administer the examination on proposed dates)*

**Rendlesham DofE Expedition 22 - 24 June**

**Arts Award moderation 30 June**

**Year 11 Leaving assembly and last day 1 July**

## Coming up...

## Themes this half term:

Theme linked to six outcomes & school/wider world events

Employability: Work experience placements  
How we grow at Kingswode Hoe

Accreditation: Sharing

Community & Wider World: Travel

Health, Lifestyle & Wellbeing: Keeping calm

Resilience & Independence: Y7 Sharing- Thorrington trip

Identity & Self-Expression: Arts Award Sharing

