

How to contact us

Our team of specialist Travel Trainers cover the whole of Essex. We are working with new clients all the time and welcome new referrals from schools, colleges, social care centres and all other organisations.



For further details on the Travel Training Scheme or to apply for training, please contact:

Your local travel trainer:

Can be contacted on:

Email:

If you would like to find out more, please contact:

Essex Travel Training

By telephone:

01245 437767

By email:

traveltraining@essex.gov.uk

Online:

www.travel-training.co.uk

Essex Travel Training

PO Box 4261

Essex County Council

County Hall

Chelmsford

CM1 1GS

The information contained in this leaflet is available in alternative formats: large print, Braille, audio tape or disk. We can also translate into other languages.

Travel Training



A STEP TOWARDS INDEPENDENCE

A useful guide about our service

“Winners of Team of the Year Award 2007”

Working in partnership with:



What is Travel Training?

Travel training is designed to help people to get more from life by giving them the confidence to travel independently.

Being able to access public transport helps people to make their own choices about how they live and what they want to achieve.

Travel training can help overcome barriers to:

- > **Employment**
- > **Social Inclusion**
- > **Access to Leisure Facilities**
- > **Independent Journeys to School/College**



How do we help?

Trainers will accompany trainees on their journeys, providing encouragement and guidance until we feel confident that trainees have developed the appropriate skills to travel independently.

Our team of specialist travel trainers are there to help develop skills such as:

- > **Coping with traffic on major roads, with and without pedestrian crossings**
- > **Learning the highway code**
- > **Confidence in using buses and trains**
- > **How to plan a journey**
- > **Familiarisation of travel routes and timetables**
- > **Identification of landmarks**
- > **Where to get help**
- > **Personal safety**
- > **Money skills**

Who can we help?

We work with clients who have behavioural difficulties, physical difficulties and additional needs to enable them to use public transport services. We can help prepare participants for travel on any specific journey - perhaps to work, school, further education or a training opportunity.

Help is also available on walking routes.

