

Friday 30 September 2022

Newsletter

Parent and Carer
Communication
Autumn Term 2022



Word of the
week: **SUPPORT**

MEANING

SYNONYMS/RELATED WORDS:

To help during a time of trouble or stress.

To provide enough for.



SUPPORT

Closed hand with thumb up rests on palm of flat upturned hand. Both hands move forward.

Similar words:

*bolster, buoy
up, cheer, encourage, help
reassure, uphold, provide
for, sustain, take care of
antonyms*

Essex Food Bank
info

<https://endchildfoodpoverty.org/>

It is hard to believe that we have reached the final week of September already, but the chilly weather makes the days feel very autumnal! An important reminder as it can now be cold and rainy, but we go outside whatever the weather, please make sure pupils have a suitable, **named**, outdoor coat in school each day.

This week, we have been thinking about others as part of our 'Harvest and the Homeless' theme. Mr Govia helped us to understand why some people become homeless and talked about food poverty in our assembly on Wednesday. He highlighted the campaign work of Marcus Rashford. You can find some simple, cost-effective recipes that he has worked on with chef Tom Kerridge, and our older pupils have tried out in school on their full-time meals' website. In these difficult financial times, we have added some information about local food banks to our school menu page.

Thank you to everyone who has sent in dry goods such as tea, coffee, sugar and tinned food that we can donate to charities in our community who help support those who are struggling. We welcomed Reverend Maggie Whiteman from St Leonard's Church, Lexden to our Harvest Festival and pupils presented a super range of thoughtful and fun performances to the whole school as part of our annual special assembly. We will be inviting parents and carers to our Café Hero during October so that you can see the film of their assembly and raise funds for MacMillan Cancer Research.

Huge thanks to all who attended our Parent and Carer Open evening on Monday. It was wonderful to see so many people and we are pleased with the positive feedback received as well as taking on board points for improvement. You can see some comments on page 8.

As part of National Fire Safety Week, we will be learning about the important work the fire service do, as well as practising essential safety routines in school. We are also looking forward to lesson visits as part of our learning observation walks.

Mrs A Constantine

What we plant today, we grow tomorrow
Kingswode Hoe School



Highlights this week...



In free time during the computing lesson, Lincoln wanted to look up the details of the asteroid that NASA crashed into. Lincoln found out that it was 163 metres tall and could do a lot of damage if it hit the earth. Excellent research Lincoln 😊



The Dog Mentor group worked with Nellie practising her skills. They had to use calm, clear voices to instruct Nellie whilst out walking her, doing her tricks and short distance recall in pairs. Everybody enjoyed the session.



This week Year 11 pupils were shown behind the scenes at Tesco. They looked at types of security in use, stock recognition and rotation of storage in the warehouse.



What's the time Maple class? We have been learning to display given times on analogue clocks.

KHS CAFÉ HERO



Year 10 pupils opened the café to staff this week and welcomed many happy customers. Pupils took and prepared orders of hot drinks and offered some really tasty flapjacks made by other year 10 pupils as part of their Future Pathways lessons.



Oak class visiting Café Hero



Year 10 pupils baking flapjacks in preparation for the opening of KHS Café Hero!



MEDIA



Pupils in Y8 and Y9 have been learning new skills in their Media lessons this week. They have been identifying how to use a camera in different ways to capture interesting images. Pupils were given the task of shooting a storyboard using a mode of transport. There were some very committed photographers who were putting themselves at very odd angles to get the shots they wanted. There are some very talented and creative young people amongst our pupils at KHS. I'd like to particularly mention Adam O'Sullivan who volunteered to be a lead learner for the Y8 classes. He showed real leadership and understanding when helping the younger pupils complete their photographs. He gave up some of his time to catch-up on the work he had missed while helping others. Well done to Adam and all of Y8 and Y9.



Forest School



Maple working together, being creative and having a great time out at Forest School.



Oak helping and working as a team at Forest School!

Birch Class had another fun session at Forest School on Tuesday, being out in the fresh air, enjoying the hammocks, swings and exploring the area. Koby and George enjoyed using paints to make apple prints that were collected in the spinney.



Maple working together, being creative and having a great time at Forest School!



DofE Outdoor Learning

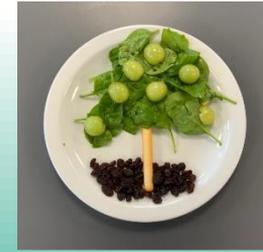


Year 11 pupils have been making sure they are prepared for their DofE expedition next year. They practised putting up their tents and ensured all components were packed away correctly.



FOOD & COOKING

Oak Harvest trees



Acorn made superhero super skewers this week, they look healthy and delicious!



Year 10 Food & cooking made Spaghetti Bolognese from scratch, they used vegetarian 'mince'. Esme worked out that it cost £1.50 a portion and George scored it 10/10!



Year 11 made fresh vegetable soup, perfect for now the weather is getting cooler.

E4L Home Learning

In the summer, Ruby liked to put the baby frogs on her Indoor Russian tortoise for a ride. Her tortoise, Shelley, didn't mind giving them a little ride and the baby frogs looked like they were enjoying themselves.



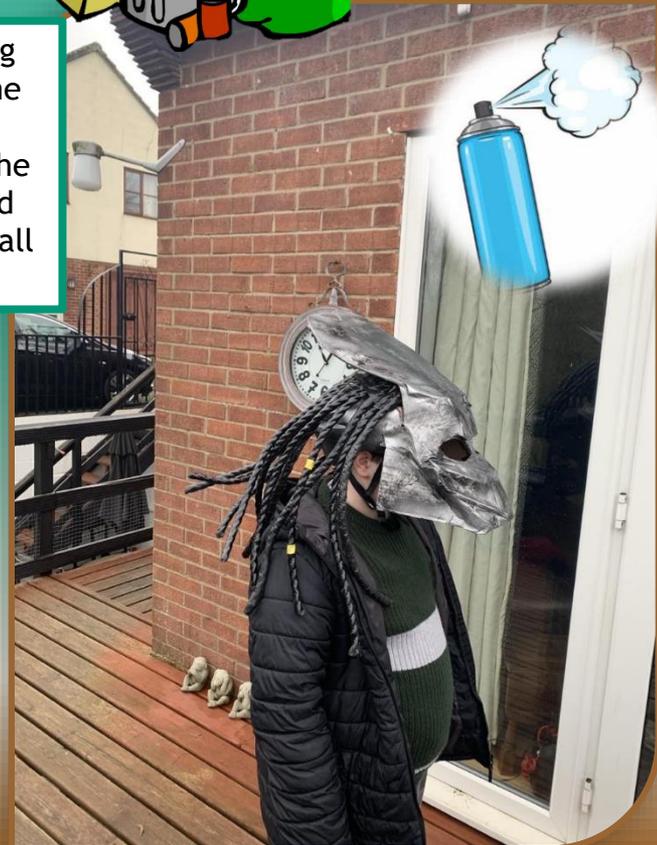
Tye made his own dinner this evening, using the pizza dough that was already prepared. Tye remembered how to position fingers when cutting onions!



On Saturday, Colby helped with litter picking at Clacton beach. He showed great community spirit in helping to keep the environment clean for others to enjoy. Well done Colby 😊



Alec was feeling creative at home and made a predator mask, he designed it, he spray painted it all himself.



PARENT & CARER OPEN EVENING: Feedback

Thank you for taking time to come, and to those who left feedback, these are a few of the positive comments left as part of our evaluation. We will also take on board valuable suggestions for improvement.

“He has progressed hugely in his time at Kingswode Hoe and now loves coming to school!”
“Very happy with how well they have settled in to the school.”
“He seems to be really enjoying year 10 especially the Farm, DoF and PE”
“Very helpful meeting teaching staff and finding out how he has been doing.”
“Brilliant to hear that he is doing so well and how well supported he is”
“Great evening”
“Nice to meet the teachers and find out how they have settled in”
“Everyone here is a ray of sunshine and positivity.”

We are particularly pleased that all parents who completed feedback agreed or strongly agreed that it was a worthwhile opportunity to find out how their child is working and making progress at KHS:



12. The Open Evening has been a worthwhile opportunity to find out more about how my child is working and is making progress at Kingswode Hoe School.

[More Details](#)

● Strongly Agree	23
● Agree	8
● Disagree	0
● Strongly Disagree	0
● Don't know	0



DIARY DATES



MacMillan Coffee Café afternoon
Coming in October!



Happy Days

We hope you enjoyed the photos taken by Happy Days. You may still order copies online, using the information on the card that was sent home.

LOST PROPERTY

We often find items of uniform which we return to the owner immediately. However, if it is not named it is very difficult to return to its rightful owner. Please ensure all items of clothing are marked with name or initials to make our job easier.

Thank you for your help with this!



Coming up...

Themes this half term:

Week beginning	Theme- linked to six outcomes/world events
	Health, lifestyle & wellbeing: Important figure- Mother Teresa
	Accreditation: Essex Year of Reading/Roald Dahl Day
	Identity & self-expression: Important figures- Queen Elizabeth II successor King Charles III
	Community & Wider World: Harvest & the Homeless
03/10/22	Resilience & Independence: National Schools' Fire Safety Week
10/10/22	Employability: Important figure- Sir Christopher Wren
17/10/22	Goals and achievements this half term: Sharing assembly

Kingswode Hoe School
What we plant today, we grow tomorrow



End Child Poverty link with Full Time Meals recipes to try at home



Packed Lunch IDEAS



Packed lunch ideas - BBC Food



A whole wheat tuna pasta salad recipe that's ready in 10 minutes. Perfect for packed lunches.

This healthy banana muffin recipe makes eating cake for breakfast guilt-free! Ripe bananas add sweetness to muffins, so you don't have to use much sugar. Wholemeal flour give the muffins plenty of fibre, keeping you full for longer.



KINGSWODE HOE

LUNCH MENU

Week 2

Key to allergens

Milk M
Fish F
Soya So
Gluten G
Sulphites S
Celery C
Egg E
Mustard Mu

Monday

Jacket Potatoes
Beans
Cheese M
Coleslaw M
Salad
.....
Fruit Jelly

Tuesday

Sausages S
Pizza Whirl G M
Baked Beans or Peas
Hash Browns
.....
Bakewell Tart G E M

Wednesday

Pasta Bolognaise G
Cheesy Leek Pasta M G
Green Beans
Garlic Bread G E M
.....
Fruit Fool M

Thursday

Roast Chicken
Vegetarian Sausages S
Yorkshire Pudding G E M
Cabbage & Carrots
Roast Potatoes
.....
Oat Cookies G M

Friday

Fish Fingers G F
Vegetable Quiche G E M
Baked Beans
Mixed Vegetables
Chips
.....
Fruit Cheesecake G M



Fruit & Yogurt available

daily

Baguettes available

Monday, Tuesday & Wednesday