

Duke of Edinburgh Trip Kit List

Wash Bag with: comb/brush, toothbrush, toothpaste, flannel, soap, shower gel etc. **Please note that showers take 50p pieces**

sleeping bag

torch (with spare batteries)

large towel

two pairs of thick wool socks

one pair socks (for spare)

at least one set of clean underwear

fleece or warm jumper

2 't'-shirts/polo shirts

one pair combat/lightweight trousers for walking (**note: jeans are not suitable for walking**)

waterproof jacket

waterproof trousers

one pair of jeans or joggers to wear in the evening (optional)

jogging bottoms, 't'-shirt, sweatshirt for sleepwear

trainers

walking shoes (in case it is wet/muddy)

plastic bag for dirty washing

sun cream (in case it is hot)

hat

small backpack with **padded shoulders straps** (lined with a strong plastic bag)

plastic water bottle

cutlery

plastic plate

plastic bowl

plastic mug

Small holdall for clothes

Plastic or cardboard box for food etc.